



News Notes

#1083 A weekly bulletin for residents of Auroville 12 June 2025



Auroville Ant Bridge Service workers at work. Photo by Alexey

*True collaboration is a non-egoistic union of all personal efforts to express and realise the Divine's Will.
We must replace competition and strife by collaboration and fraternity.
Collected Works of The Mother, Volume 14*

Pondering



"A fully developed sadhak can be an instrument of the Mother for helping others, but a fully developed sadhak means one who is free from ego and he would never claim the work as his own."

*Sri Aurobindo, Letters on Himself and the Ashram,
9 June 1936*

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House of Mother's Agenda



The book of Satprem 'Carnets d'une Apocalypse' 1997—1998 (only in French)
is now available at the Visitor's Center Book Shop

(continued from last week)

All must be given as material of that transmutation. An omniscient consciousness will take up our knowledge and our ignorance, our truth and our error, cast away their forms of insufficiency, *sarva-dharmān parityajya*, and transform all into its infinite light. An almighty Power will take up our virtue and sin, our right and wrong, our strength and our weakness, cast away their tangled figures, *sarva-dharmān parityajya*, and transform all into its transcendent purity and universal good and infallible force. An ineffable Ananda will take up our petty joy and sorrow, our struggling pleasure and pain, cast away their discordances and imperfect rhythms, *sarva-dharmān parityajya*, and transform all into its transcendent and universal unimaginable delight. All that all the Yogas can do will be done and more; but it will be done in a greater seeing way, with a greater wisdom and truth than any human teacher, saint or sage can give us. The inner spiritual state to which this supreme Yoga will take us, will be above all that is here and yet comprehensive of all things in this and other worlds, but with a spiritual transformation of all, without limitation, without bondage, *sarva-dharmān parityajya*. The infinite existence, consciousness and delight of the Godhead in its calm silence and bright boundless activity will be there, will be its essential, fundamental, universal stuff, mould and character. And in that mould of infinity the Divine made manifest will overtly dwell, no longer concealed by his Yogamaya, and whenever and as he wills build in us whatever shapes of the Infinite, translucent forms of knowledge, thought, love, spiritual joy, power and action according to his self-fulfilling will and immortal pleasure. And there will be no binding effect on the free soul and the unaffected nature, no unescapable crystallising into this or that inferior formula. For all the action will be executed by the power of the Spirit in a divine freedom, *sarva-dharmān parityajya*. An unfallen abiding in the transcendent Spirit, *param dhāma*, will be the foundation and the assurance of this spiritual state. An intimate understanding oneness with universal being and all creatures, released from the evil and suffering of the separative mind but wisely regardful of true distinctions, will be the conditioning power. A constant delight, oneness and harmony of the eternal individual here with the Divine and all that he is will be the effect of this integral liberation. The baffling problems of our human existence of which Arjuna's difficulty stands as an acute example, are created by our separative personality in the Ignorance. This Yoga because it puts the soul of man into its right relation with God and world-existence and makes our action God's, the knowledge and will shaping and moving it his and our life the harmony of a divine self-expression, is the way to their total disappearance.

The whole Yoga is revealed, the great word of the teaching is given, and Arjuna the chosen human soul is once more turned, no longer in his egoistic mind but in this greatest self-knowledge, to the divine action. The Vibhuti is ready for the divine life in the human, his conscious spirit for the works of the liberated [B.G.18.73](#) soul, *muktasya karma*. Destroyed is the illusion of the mind; the soul's memory of its self and its truth concealed so long by the misleading shows and forms of our life has returned to it and become its normal consciousness: all doubt and perplexity gone, it can turn to the execution of the command and do faithfully whatever work for God and the world may be appointed and apportioned to it by the Master of our being, the Spirit and Godhead self-fulfilled in Time and universe.

Sri Aurobindo—Essays on the Gita, The Supreme Secret
<https://incarnateword.in/cwsa/19/the-supreme-secret>
Gangalakshmi (HOMA)

Townhall Speaks

FALLEN, FELLED, or uprooted trees

The Executives of Green Belt Services are hereby authorized to collect fallen, felled, or uprooted trees on Auroville Foundation lands with immediate effect.

The collected timber or wood pieces shall be stored in the Land Service yard and the Auroville Foundation yard under the supervision of Auroville Foundation staff.

William, FAMC Admin

MANDATORY IMPLEMENTATION of display of Name Boards in Tamil as per Government Regulations

As per the communication received from Shri. Abdul Rahman, District Collector, Villupuram District, Tamil Nadu, it is hereby informed that under the following legal provisions:

- Tamil Nadu Shops and Establishments Act, 1947 and Rules of 1948—Rule 15
- Tamil Nadu Hotels and Food Establishments Act, 1958 and Rules of 1959—Rule 42B
- Factories Act, 1948 and Rules of 1950—Rule 113

All private establishments are required to display their name boards primarily in Tamil. Tamil must be the first and most prominent language on all signboards.

If additional languages are used:

1. English may be used after Tamil.
2. Any other language must follow Tamil and English and only if it is permitted by the government.
3. The Tamil version of the name must be larger and more prominent than any other language.

These regulations are applicable to both existing and newly installed signboards. Adherence to this directive is compulsory.

Therefore, it is instructed that this directive be implemented immediately in all the Auroville Foundation Units.

The Executives of FAMC, Working Committee, ATDC, Land Service, Green Belt Service, Matrimandir, Bharat Nivas, Visitor Centre and all the Executives of members of the units are specifically requested to ensure full compliance within their respective establishments without delay on or before 15 June 2025.

*Dominique for the Office of the Secretary,
Auroville Foundation*



Community News

Matrimandir News & Schedules

MATRIMANDIR CHAMBER



will Remain Closed until 16 June

Due to unforeseen reasons, the maintenance inside Matrimandir is taking longer than expected. As a result, the Matrimandir chamber will remain closed for one more week.

Reopening is scheduled for **Monday, 16 June, 6am.**

Matrimandir Executives

MATRIMANDIR ACCESS INFORMATION

Changes to the Access Policy

- Firstly all Pass Holders and Aurovilians bringing guests will have to sign into a register at the Office Gate.
- Secondly Aurovilians can bring their close family members to the Gardens 4:30—6:30pm daily as long as they inform before 11am on the day of the proposed visit to mmconcentration@auroville.org.in.
- Thirdly, all guest houses and home stays please note: Guests only holding Aurocards, who wish to attend the Savitri Readings in the Amphitheatre on Thursday evenings will have to book one or two days in advance at mmconcentration@auroville.org.in.
- The Matrimandir Access team also wishes to remind all Aurovilians acting as guides for visitors or guests that your guests can not be treated as friends and brought to the Park of Unity at any time. All Tours and guided individuals and parties should be taken to the Viewing Point.
- The Matrimandir Access team also wishes to remind anyone running workshops and camps that visits to Matrimandir or the Park of Unity are not to be included in the itinerary. All group visits should be to the Viewing Point only. Individuals attending these events who wish to concentrate in the Inner Chamber are welcome to make a booking in the normal way at auroville.org.

Access to the Park of Unity

- The Matrimandir, the Petals, the Lotus Pond and the Banyan Tree are areas of **silence**.
- The Park of Unity is open to Aurovilians and registered Newcomers daily, 6am—7:30pm.
- Aurovilians may bring close family and friends to the Gardens daily, 9am—3:30pm.
- Aurovilians wishing to bring close family to the Gardens at any other time should inform mmconcentration@auroville.org.in before 11am on the day of the proposed visit.
- Savi registered Volunteers and Donors require a pass to enter the Park of Unity. Timings will be indicated on the pass.
- Published events in the Park of Unity are open to Aurovilians, registered Newcomers, Volunteers, Pass holders and Guests. Guests should bring their Aurocards.
- Savitri Readings on Thursday evenings: Guests holding only Aurocards wishing to attend should book at mmconcentration@auroville.org.in one or two days in advance.

Access to the Inner Chamber of the Matrimandir

The Matrimandir is a place for silent individual concentration. The Inner Chamber is open to Aurovilians and registered Newcomers:

- Monday—Saturday: 6—8am, 4:30—7:30pm.
Sunday: 6am—12pm, 4:30—7:30pm.

The Inner Chamber is open to SAVI registered Volunteers:

- Wednesday—Monday, 8—8:40am.
Arrival at 7:45am at the Office Gate.

The Inner Chamber is open to Aurovilians wishing to accompany a maximum of 5 close family members and friends no more than once in two weeks, with booking 3 to 5 days in advance to mmconcentration@auroville.org.in

- Any day except Tuesday & Sunday:
8—8:35am. Arrival at 7:45am at the Office Gate.

The Inner Chamber, the Petals and the Gardens are open to the Children of Auroville and the Outreach Schools:

- Tuesday 9—11am.

Auroville units can bring their staff to the Inner Chamber with a prior booking to mmconcentration@auroville.org.in

- Tuesday 8—8:30am.

Access to Matrimandir for Visitors and Guests

Matrimandir Viewing Point: The Viewing Point is open to the general public on presentation of a Pass. Visits to the Matrimandir Viewing Point are free of cost. Free passes can be obtained at the Auroville Visitors Centre.

- The Viewing Point lies south of the Park of Unity and offers visitors a panoramic view of the Matrimandir and the Gardens and the Lake.
- Timings starting from the Visitors Centre. Daily, 9am—5:30pm.

The Inner Chamber of the Matrimandir is open to Visitors and Guests by prior booking only. Visitors and Guests seeking to concentrate in the Inner Chamber are requested to inquire at the Information Desk of the Visitors Centre after first visiting the Viewing Point, or to go to the website: auroville.org

- Prior booking is required to access the Inner Chamber at least one or two days in advance. Bookings for concentration are given for the following or the first free day as per availability and are accepted only up to one week in advance. Minimum age 10 years.
- The Petals are open to Visitors on the morning of their Inner Chamber visit.

The Petals of the Matrimandir

The Petals are open to Aurovilians, registered Newcomers and Pass holders: **Daily 7—8am, 5—6pm.**

Visiting Matrimandir with Family and Friends

Kindly note the following points regarding bringing family and close friends to the Matrimandir.

The Park of Unity

Aurovilians may bring close family and friends (maximum 3, not guests) to the Gardens: **9am—3:30pm.**

- 4:30—6pm**, with prior information to mmconcentration@auroville.org.in the latest by 11am on the day of the visit.

The Inner Chamber of Matrimandir

Aurovilians with close family and friends (max. 3, not guests):

- Monday to Saturday** (Tuesday morning Closed) **8—8:35am.** Arrival 7:45am at the Office Gate with prior booking to mmconcentration@auroville.org.in

Thursday Meditations at sunset with Savitri

The guests with Aurocard wanting to attend the Savitri meditation on Thursday evening in the Amphitheatre have to book by filling in the form at the address <https://bit.ly/savitri-reading>.

Antoine for Matrimandir Executives Team

AMPHITHEATRE—MATRIMANDIR



Meditations at sunset with Savitri

6—6:30pm, every Thursday (weather permitting)

Savitri, Sri Aurobindo's long mantric poem, read by Mother to Sunil's music are on weekly for everyone to concentrate, in this beautiful open space in the very center of Auroville.

- Reminder to all:** The Park of Unity is a place for silence, meditation and inner work and is to be used only as such. We request everyone: please do not use cameras, i-pads, cell phones, etc. No photos.
- Guests with Aurocard** wishing to attend must book at mmconcentration@auroville.org.in one or two days in advance. Please bring your Aurocard with you.
- Access by Office Gate for the Amphitheater only** from 5:45pm.
- Guests are requested to bring along their Aurocards.
- Last entry for guests** at 6pm. Access limited for guests to the Amphitheatre
- Last exit for guests** at 6:45pm.

Velmurugan for Access team

Awakening Spirit

SAVITRI BHAVAN SCHEDULE,



June 2025

Exhibitions

- Meditations on Savitri:** A painting exhibition of 472 paintings created by the Mother with Huta from 1961—67 is on display in the picture gallery
- A Bilingual Exhibition on 'Sri Aurobindo: A life-sketch in photographs'** with texts both in English and Tamil is displayed in the upper corridor
- Glimpses of the Mother:** Photographs and texts in the Square Hall

Films

Mondays, 4pm

- 23 June: Karma Yoga.** Talk by Vladimir Yatsenko at the Integral Yoga Retreat, US in 2019. Karma Yoga is a profound topic. The Mother's last message to Auroville on 27 March 1973 was about this: "Auroville is created to realise the ideal of Sri Aurobindo who taught us the Karma Yoga..." Duration: 67min.
- 30 June: The Aim of Life.** This film presents the aims of well-known individuals and is an outcome of the excellent educational work by late Dr. Kireet Joshi. Duration: 52min.

This month:

- NO OM Choir and NO Savitri Satsang**
- NO Satsang led by Ashesh Joshi**

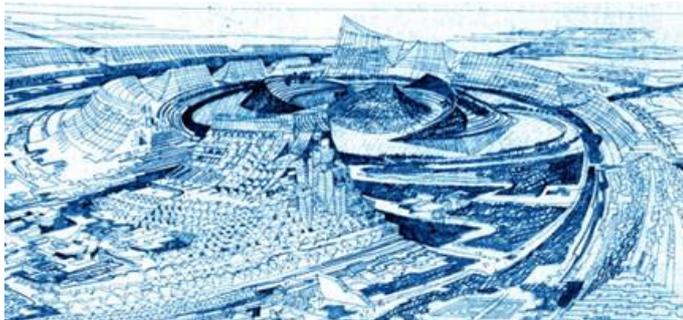
Full Moon Gathering

- Tuesday, 10 June, 7:15—8:15pm** in front of Sri Aurobindo's statue

Dream Divine Series

This is a relaunch of an initiative designed especially for newcomers, aiming to provide a deeper understanding of the Aims and Ideals of Auroville, the Life and Works of Sri Aurobindo and the Mother, and the principles of Integral Yoga. The series will feature interviews, lectures, and presentations by Aurovilians and Ashramites through video documentaries and live talks followed by interactive Q&A sessions. A wide range of topics will cover the richness and diversity of Auroville’s vision, life, and reality.

- **Friday, 20 June, 4—5pm**
@ Sangam Hall of Savitri Bhavan



“The City the Earth needs”

A film produced in the year 2014 by Aurovilians
Everyone is welcome

Regular Activities

- **Sundays 10:30—12pm:** Savitri Study Circle led by Larry Seidlitz
- **Mondays 3—4pm:** How to find the soul—Theory & Practice led by Dr. Jai Singh
- **Tuesdays 3—4pm:** Readings of the words of The Mother on Aims and Ideals of Auroville led by Dr. Jai Singh
- **Mondays to Saturdays 3—5pm:** L’Agenda de Mère: listening to recordings with Gangalakshmi
- **Thursdays 4—5pm:** Videos of The English of Savitri led by Shraddhavan
- **Fridays 3—4pm:** Reflections on ‘Release of Ego’ part 2 of Ch.9 from The Synthesis of Yoga led by Dr. Jai Singh
- **Exhibitions, Main Building and Office** are open Monday to Saturday 9am—5pm
- **Library and Digital Library** is open Monday to Friday 9am—5pm

*Dhanalakshmi
for Savitri Bhavan*

Bharat Nivas Presents

A WEEKLY STUDY CIRCLE

on The Synthesis of Yoga—Sri Aurobindo

A weekly study circle on

The Synthesis of Yoga

- Sri Aurobindo



By Deepti Tewari

4:30 pm - 5:30 pm

Every Tuesday

Venue :
Resource Library,
Bharat Nivas, Auroville

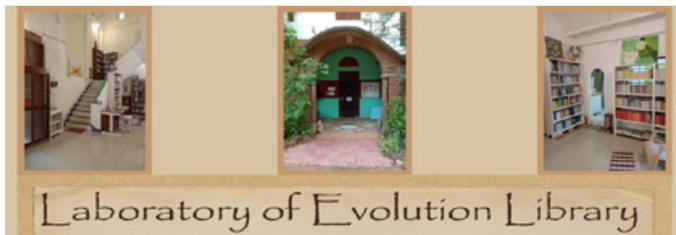


Scan for Location



The reading circle will restart on Tuesday, 17 June
Submitted by Monisha

LABORATORY OF EVOLUTION LIBRARY



Focused on the evolutive vision, work of Sri Aurobindo & The Mother. Many related subjects from Traditional knowledge: Religion, Esotérisme, Contemporary Sciences, New Physics, New Biology, New Dimensions, NDE Body Consciousness, Health ... etc.

You can find there the complete works of Sri Aurobindo & The Mother in many languages, books written by Ashram Disciples & Aurovilians. Also documents related to Auroville, books, CD & DVD, films & lectures.

- **Open Monday to Saturday 9am—12pm**
Tuesday & Friday 2:30—4:30pm
- Open for Aurovilians, Newcomers, Volunteers, & Guests
- LOE Library is now **located at Horizon**, in front of Sve Dam, on the right side of Lorenzo’s building.

Kalyani

Auroville Connect

**AUROVILLE CONNECT:
May 2025 Newsletter**

Auroville Connect, which started as a WA group, is a growing platform dedicated to connecting people in and around Auroville who care deeply about the Dream, the Charter, and the future of this unique city and its experiment in human unity.

This is not a forum for opinion or debate, but a field of shared intention. Whether one lives in Auroville or simply resonates with its ideal of a universal city, Auroville Connect invites you to stay attuned to the deeper pulse behind the visible events.

Each issue brings together essential updates, thoughtful reflections, and voices from within and around Auroville—for those who seek clarity amid change and presence amid complexity. It will be shared via mass-bulletin to keep you informed and connected with the evolving journey of Auroville.

- https://drive.google.com/file/d/1xNEzBfUU6b-hlruFC-TWLMkJceWl4Csqw/view?usp=drive_link

Anu for Auroville Connect



Education

VISUAL MATHEMATICS CLASSES

We are happy to bring back ‘Visual Mathematics classes’ to children under 7 years. These classes offer a strong visual base and act as a foundation for the mathematics concepts learned later in school.

We are thankful for the consistent and strong parent support for this activity and we would like to show our heartfelt gratitude to each one of them.

Snehal, +91 9529673687 WA

LEARNING SPACE opens doors for kids

of guests, volunteers and newcomers from 1 July

Aarambham Learning Space is an initiative of SAIER to provide for children who have newly arrived in Auroville and their families a place to spend time for orientation, exploration and integration before enrolling in Auroville school. It will also offer activities and learning programs open to all Auroville children/ youth/ adults, including Art and STEM (Science, Technology, Engineering, Mathematics).



For Auroville students aged 6 to 12, programs will be offered during school holidays, with student numbers aligned with our available capacity to hold a space.

We are located at the ex-TLC base camp, just before the right turn to Dehashakti sports ground.

Its natural setting offers an atmosphere designed to encourage introspection and a more organic approach to learning. It's built upon the principle of **balance**, seeking harmony between concepts like freedom and responsibility, and discipline and flexibility, joy of creativity with aiming to perfection.

This space is intended to be inclusive, serving as a point of connection for children, facilitators and parents. It aims to support personal transformation and facilitation of integration of newly arrived kids into Auroville.

We look forward to welcoming you to this natural flow of learning, receiving and giving.

Alexey for Learning Space team
aarambham@auroville.org.in

INVITING THE COMMUNITY

To Collaborate with SAIER Research Initiatives

Friday, 20 June, 3—4pm @ SAIER Conference Hall

SAIER invites the community with the aim of widening research initiatives in Auroville and living by the values envisioned in the Auroville charter.

This session offers an introduction to the SAIER team and the upcoming programmes that will flourish with the active participation from the community. At SAIER we want to bridge the gap between Auroville and the rest of the world. By using research as a reflective practice, documentation and policy engagement we can create workable prototypes from Auroville that can inspire building a conscious society.

Scan to know more about the Research Desk

• Web link: <https://tinyurl.com/4js8w3e2>



Sohela



KUILAI CREATIVE CENTRE
(A CENTRE FOR EXTRA CURRICULAR ACTIVITIES IN AUROVILLE)



செயல்பாடு ACTIVITY	நாள் DAY	நேரம் TIMING	பெரியவர்கள் மற்றும் குழந்தைகள் FOR CHILDREN & ADULT	வயது வரம்பு AGE GROUP (ONLY 10 TO 20 STUDENTS PER GROUP)
ஆங்கில வகுப்பு ENGLISH CLASS	MONDAY AND THURSDAY	10 AM TO 11:30 AM	FREE	ABOVE 18 years
கையல் செயல்பாடு TAILORING ACTIVITY	MONDAY TO SATURDAY	2 PM TO 4 PM	FREE	ABOVE 13 years
மாலை நேர அட்டவணை வகுப்புகள் EVENING TUITION CLASSES	MONDAY TO SATURDAY	6 PM TO 8 PM	FREE	From 1 st Grade to 9 th Grade
காரதே KARATE	MONDAY	3:30 PM TO 4:30 PM	FREE	ABOVE 5 years
ஹிப்-ஹாப் நடனம் HIP-HOP DANCE	TUESDAY	3:30 PM TO 4:30 PM	FREE	ABOVE 5 years
சிலம்பம் SILAMBAM	WEDNESDAY	3:30 PM TO 4:30 PM	FREE	ABOVE 5 years
ஸ்ரீ நாத நாட்டியம் BHARATHA NAATTIYAM	THURSDAY	3:30 PM TO 4:30 PM	FREE	ABOVE 5 years
குழந்தைகள் விளையாட்டு பூங்கா CHILDREN PARK	EVERYDAY	10 AM TO 7 PM	FREE	ABOVE 5 years
ஒவியம் மற்றும் கைவினை ART AND CRAFT	MONDAY TO SATURDAY	2 PM TO 3:00 PM	FREE	ABOVE 5 years

Email: kulaicreativecentre@auroville.org.in OR kulaicreativecentre.auroville@gmail.com
WhatsApp: + 91-96084 73385 / 9843195290 WEBSITE: www.kulaicreativecentre.org

Submitted by Selva for KCC

SATORI:

Educational Services

- Physics and Chemistry CBSE grades 11—12;
- Edexcel IGCSE and International Advanced Levels (grades 9—12).
- Mathematics 7—8 grades as preparation to high school science.
- Exam preparation through knowledge and understanding.

Sergei, 9442934078,
satori.auroville@gmail.com

TUITION CLASSES AVAILABLE

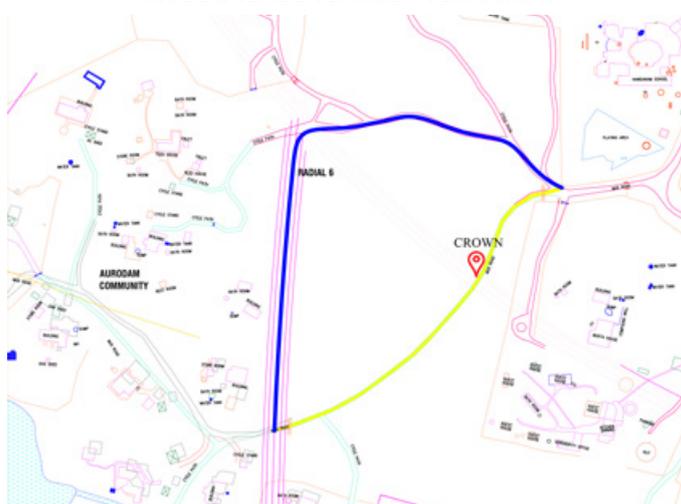
- Tuition classes available from 1st to 12th grade level in all subjects.
- Crash course available for 10th and 12th grade level.
- For further information contact ashree@auroville.org.in/ 8270512606 WA only.

Ashwini

For Your Information

TEMPORARILY

Closed Road Access—Aurodam



As part of the ongoing Crown Road project, the section that was temporarily left open for Aurodam access is now scheduled for completion. To carry out this work, we need to temporarily close this access starting from Monday, 26 May, 2025. [See the map here](#)

We kindly request you to use the alternative route via Radial 6, which is marked in blue on the attached map. The section marked in yellow will remain closed until the work is completed. Thank you for your cooperation and support.

Auroville Road Service Team,
Ph: +91 413 3509957,
roadservice@auroville.org.in

Health Care

ADDICTION RECOVERY SESSIONS

@ Maatram

Every Tuesday, 3:30—4:30pm

@ Maatram, 1st floor, Arka

In addition to our Regular Therapy Sessions, we are adding another weekly walk-in session on **Addiction Recovery**.

Raam & Palani

SANTÉ SERVICES



Schedule

Working Hours

- Monday—Saturday, 9—12:30pm & 2—4:30pm

Tests and Sample collection

- Monday—Friday, 8:30—12pm
- No sample collection on Saturday

For emergencies

- Auroville Ambulance 24/7: +91 9442224680
- Government Ambulance 24/7: 108

Appointment

- Please call Santé on 0413 2622803 during working hours for an appointment

Santé Services Schedule

Doctor Consultation with Dr. Pavan & Dr. Sana: Monday to Saturday	Nurse Care Thilagam, Ezhil, Archana & Sandhya, Daily: no appointment needed
Ayurveda with Dr. Be: Tuesday/ Wednesday/ Friday	Integrative Psychotherapy with Juan Andres: Monday to Friday (TOS from 13 June onwards)
Physiotherapy & Massage with Galina: Monday—Friday (Available from 16 June onwards)	Homeopathy with Michael: Monday/ Wednesday/ Saturday
Midwifery & GYN Care with Paula: TOS	Soundbed Session with Sandhya/ Thilagam: Monday to Saturday
Bio-Well Assessment (Evaluation of your well-being) with Helena—inquiry email: adminsante@auroville.org.in	

In Santé, we value our patient’s confidentiality & make every effort to ensure their privacy. In case of cancellation or to reschedule, it is necessary to inform us in advance.

Dasha for Santé Services,
sante@auroville.org.in,
<http://sante.auroville.org.in>

AURODENT: HEALTHY TEETH, HAPPY LIFE

A healthy mouth is the key to a healthy body. Regular dental check-ups help prevent pain, protect your smile, and save you from costly treatments later. Don’t wait for the pain—prevent it!



For Appointment

- 9629199328 WA, 0413 2622063 landline
- aurodent@auroville.org.in

Working Hours:

- Monday to Friday, 9am—5:30pm
- Saturday, 9am—to 1pm
- @ Auromode

Jayasutha for Aurodent

WEEKLY BABY SUPPORT CIRCLE

Every Wednesday, 9am—12pm @ Lilaloka

Hello, wonderful parents! Join our Weekly Baby Support Circle hosted by Lilaloka!



We warmly invite you to our Weekly Baby Support Circle, a nurturing space created especially for parents of newborns to one-year-olds. Come as you are, connect with other parents, and celebrate the journey of raising your little one. Here’s what to expect:

- Heartfelt Connections:** Share your joys, challenges, and stories with other parents who truly understand.
- A Safe Haven:** A welcoming, nonjudgmental space for growth, encouragement, and community.
- Inspiring Sessions:** Special guest speakers to guide and support you on topics that matter most.

We can’t wait to welcome you and your baby into this circle of love and support. Let’s grow together! **Rotem**

SERVICES PROVIDED

This is Sruthi, 27 years old, an Aurovilian born and brought up in Auroville. I have completed my Masters degree in Physiotherapy (MPT) and I am specialised in Orthopaedics. I am ready to provide home care visits at your place.



Neck pain, Low back pain, Knee pain, Heel pain, Frozen shoulder, Shoulder related pain, Muscle injury, Ligament injury, Sprain and strain, Sports injuries, Sciatica, Post fracture/ surgical rehabilitation, Stroke/ Paralysis, Facial palsy/ Bell’s palsy, General fitness, Ergonomic advice, Geriatric care, Myofascial massage (Head&Neck/ Back)

- Pain is a sign that has to be taken care of.
- Kindly get in touch with me if you need my service.
 +91 7904769496 WA, auroshruthi@auroville.org.in
 Sruthi Sundaram

Ecology

SEA CHANGE:

Protecting Our Oceans Workshop

Saturday, 14 June, 4:30—5:30pm

@ Deepanam School. Everyone Welcome!

Discover how microplastics from everyday products end up in the food we eat! Join us for an engaging one-hour workshop featuring our Sea Change environmental education programme.

We will:

- Play a fun ocean tag game
- Watch a creative short movie
- Learn about practical solutions you can implement immediately

Did you know we might be eating the equivalent of three ballpoint pens worth of plastic every month? Learn this shocking fact and more through hands-on activities that make complex science accessible and fun.

This workshop showcases the Sea Change programme that has empowered thousands of young students to become passionate environmental advocates, creating positive changes in their communities.

This event is part of our Sea Change Fundraiser Campaign to bring this environmental education programme to 500 more children in Auroville and the bioregion.

- Free entry—donations welcome
- For more information contact: info@wastelessindia.org

Luise for WasteLess

International

Unity Pavilion Presents



Experience the spiritual and healing power of tea in a conscious and immersive way. Through this unique ceremony, we will explore the healing aspects of tea of choice, allowing it to nourish both body and soul.

Discover a new perspective on tea drinking as you embrace awareness and relaxation.

* Sessions are available as a one-on-one experience or for groups (4+ people).
* Children (5+ years) are welcome. Special Kids birthday sessions available.

Rs. 400 per person
Rs. 300 per person for Groups of 4 or more

PRE-BOOKING OR BY APPOINTMENT
Call/WhatsApp: +91-9385428400 for bookings

DISCOVER A SPIRITUAL JOURNEY WITH
SENCHA-STYLE TEA CEREMONY
EVERY THURSDAY 3.00 PM

Experience the spiritual and healing power of tea in a conscious and immersive way. Through this unique ceremony, we will explore the healing aspects of tea of choice, allowing it to nourish both body and soul.

Discover a new perspective on tea drinking as you embrace awareness and relaxation.

- Sessions are available as a one-on-one experience or for groups (4+ people).
- Children (5+ years) are welcome. Special Kids birthday sessions available.
- Pre-booking or by appointment: +91 9385428400 WA



THE MOTHER'S SYMBOL
MATRIMANDIR AND
THE 12 QUALITIES
EVERY TUESDAY 5.30-6.30 PM

Autism, Volunteers and Guest-Visitors
ALL ARE WELCOME



MONDAY to SATURDAY
10 AM - 12.30 PM & 2 PM - 5 PM
SATURDAY FOR KIDS: 10 AM - 12 PM

EXPLORING WATER COLOR TECHNIQUES
ART
CLASS DAILY
WITH ARTIST JANAKIRAMAN

VOLUNTARY CONTRIBUTION IS WELCOME
ARTIST +91-8015362636 OFFICE 0413 2623576

Priya
for Unity Pavilion

French Pavilion presents

WORLD MUSIC DAY

Saturday, 21 June, 4—10pm @ French Pavilion

An evening dedicated to musical diversity, a space of intercultural exchange right in the heart of the International Zone.

The festival begins with a collective Yoga session, accompanied by a Handpan concert in honour of the International Yoga Day.

Followed by Jazz, Rock, Drum Circle... An eclectic lineup, in harmony with Auroville's cosmopolitan spirit. Come and celebrate the universality of music, and let yourself be carried away by sounds from all over the world!



INTERNATIONAL ZONE, PAVILLON DE FRANCE & BROTHERHOOD HOUSE
IN COLLABORATION WITH KALABHUMI MUSIC STUDIO & HIBISCUS ART VILLAGE
PRESENTS

World Music Day

4pm - 10pm
Saturday 21 June

French Pavilion

in Auroville

Music - Food - Art Market

Presented by Pavillon de France & Brotherhood house (International Zone) In collaboration with Kalabhumi Music Studio & Hibiscus Art Village

Submitted by Elena

INDIA THROUGH A PHOTOGRAPHER'S LENS:

Raghu Rai

Saturday, 14 June, 7pm @ French Pavilion

A documentary film by Avani Rai. 55 min, Hindi and English, French subtitles.

An intimate and visually striking portrait that immerses us in the world of legendary Indian photographer Raghu Rai, seen through the eyes of his daughter, filmmaker Avani Rai. This documentary, both biographical and introspective, traces the prolific career of a man who has captured the soul of India for over fifty years—from national tragedies to spiritual figures, and the beauty of everyday life.



Through this dual perspective—between father and daughter, image and memory—the film explores not only one man's commitment to his country, but also the sensitive relationship between two generations of artists.

An evening dedicated to transmission and dialogue between India and the world, through the lens of a witness to contemporary history.

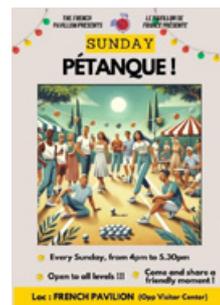
Yris for Pavillon de France

SUNDAY PÉTANQUE:

Call for a Co-Leader

Every week, 4—6:30pm

Since the beginning of the year, our sessions have been a great success. With the playing ground now expanded, we are looking for a volunteer to co-lead the Sunday Pétanque games, every week from 4 to 6:30pm. Goodwill and accountability are all that's needed for this role—no special expertise required.



THE FRENCH PAVILLON PRESENTS
SUNDAY PÉTANQUE!

Every Sunday, from 4pm to 5.30pm
Open to all levels !!! Come and share a friendly moment !!!
Loc: FRENCH PAVILLON (Opp. Visitor Center)

- If you're interested or would like to know more, feel free to reach out at france.auroville@gmail.com

Vivekan

Animal Care

NEWS

From Auroville Greenbelt Service!

Calling all animal and bird lovers! With the heat of summer fast approaching, Auroville Greenbelt Service is taking a thoughtful step to care for our feathered and furry friends. We're providing free water tubs to help birds and small animals stay cool and hydrated during these scorching months.



If you'd like to be part of this compassionate initiative, simply visit Auroville David Nursery to pick up your water tub. Place it in your garden, balcony, or any quiet outdoor spot where animals can safely access it.

Let's join hands in showing kindness to nature. A small act like offering water can mean the world to a thirsty bird or animal.

- The pickup point will be using ex-David's place in Auro-Dam where the late David lived.
- It is open from 9am—4pm, Monday to Saturday.
- For more information Contact Greenbelt Service 9345454232, 9751292838.

Aviram, Saravanan & Sivaraj
for Green Belt Service

WATER STEWARDS PROJECT:

A World of Difference for Auroville’s Animals

As the intense heat settles across Auroville, our animal friends, like us, feel the struggle to find clean drinking water. Last week, a beautifully handcrafted earthen water bowl, generously provided by our partners at Voice for Voiceless (an exemplary animal care organization from Pondicherry), and painted by our team found its new home in front of the Auroville Foundation building at the Town Hall. This water isn’t just for dogs; it’s a lifeline for cats, birds, cows, squirrels, and all our wild and stray companions, offering a vital oasis of refreshment during these hot days. We are deeply thankful to two dedicated staff members of the Foundation Office who have stepped up as our first “Water Stewards, ” ensuring this bowl is kept clean and continually refilled with fresh water. Voice4Voiceless has offered to supply more of these wonderful handmade bowls, ready to be placed at various points across Auroville, promising to vastly improve the health and well-being of countless animals. But for this beautiful vision to come to life, we need compassionate hearts to join us. A water bowl, however well-placed, is only as effective as the human hand that keeps it clean and filled.



Can we, as human being and residents of Auroville, come together to make this simple yet profound difference by setting up water points all over our city to provide relief and help for other sentient beings, our animal friends?

We are seeking “Water Stewards for Auroville”—individuals or AV Communities willing to take on the small but significant responsibility of maintaining a drinking point. If you want to become part of this Project, we are happy to sponsor and deliver an earthen water bowl to your Community.

Let’s stand together and show that Aurovilians truly care for all sentient beings, making our township a more compassionate home for everyone, not only humans!

- If you are interested in becoming a “Water Steward”, please reach out to Arthur via + 91 812225266 WA message or email the Auroville Dog Shelter at aurovilledogshelter@auroville.org.in.

Arthur for Auroville Dog Shelter

Theatre, Music & Arts

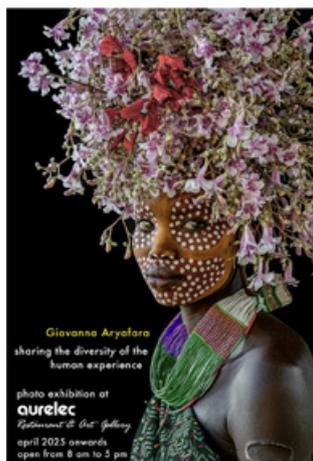
GIOVANNA ARYAFARA

Sharing the Diversity of the Human Experience

Photo exhibition @ Aurelec Restaurant & Art Gallery, open 8am—5pm, ongoing

Giovanna Aryafara, a photographer, travels the world in search of subjects that awaken our emotions, invoke a sense of shared spirituality, and reveal our world through a minimalist, design-inspired lens.

Her works offer access to the beauty of our Earth, inspired by her love of sharing the diversity of human experience.



Jana for Aurelec

Dance Activities

GARBA

The Vibrant Folk Dance of Gujarat



Step into an immersive experience of Garba — the vibrant folk dance of Gujarat. Rooted in the celebration of Shakti, this is a living tradition of rhythm, reverence and the collective —deeply experienced during the festival of Navratri! Connect with not just the dance but a whole culture that surrounds it.

- More details on the following link: <https://lightwithin.my.canva.site/garba>

+91 8870730567 WA,
Megha

AUROVILLE TANGO

@ Harmony Hall, Bharat Nivas

New batch starts the first week of each month

- **Monday:**
7–Introduction to Tango
8–Improvers
- **Wednesday**
7:30–Guided Practice
8–Long Practice

No partner required.

Bring socks or dance shoes.

And plenty of joy!

- +91 9821166082
- tango@auroville.org.in



Submitted by Maud

DANCE CLASSES BY MANI

Choose your Dance:

Bachata, Kizomba, Salsa, Tango

Register now: +9186376 33696

Salsa Dance

@ New Creation dance studio

- Tuesday: Salsa class, 6:30pm
- Saturday: Workshop, 7pm

@Bakisata_dance



Tango Dance @ CRIPA

Monday

- Beginner, 6:30–7:30pm
- Intermediate, 7:30–8:30pm

Friday

- Workshop, 6:30–7:30pm
- Open practice, 7:30–8:30pm

Contact: +91 8637633696



Mani

Theatre, Music & Art Activities

SVARAM ACTIVITIES

Svaram Experience—Sound Garden



• Daily, [see location and timings here](#) or scan the QR Code

Svaram Musical and Sound Healing Instruments Showroom

• Monday to Saturday, 8:30am—5pm
• [See location here](#) or scan the QR Code



Svaram Sound Experience



• By Appointment Only
• Available sessions: Solo, Duo, or Group
• Please [click here for details and contact info](#)
• or scan the QR Code

Our Social Media links

• YouTube: <https://www.youtube.com/@SvaramStreams/about>
• Facebook: <https://www.facebook.com/svaram.org>
• Instagram: <https://www.instagram.com/svaramsoundexperience/>
• Website: <https://svaram.org>

Aurelio for the SVARAM Team

CREEVA: INFORMATION & UPCOMING NEWS



Weekly Art Workshops & Sessions

- **Watercolour Painting Workshop** by Sathya
 - Every Monday, 5—7pm.
- **Life Model Drawing Session:**
 - Every Tuesday, 5—7 pm.
- **Live Portrait** by Sathya:
 - Reach out to schedule a session.
- **Open Studio:** A space for everyone to explore their artistic potential: Every day, 9am—5pm,
 - Contact Abi: +91 90420 58981.

For info contact Sathya:

- +91 9486145072, sathyacolour@auroville.org.in
Sathya for CREEVA Art Studio, Creativity

Sports & Martial Arts

KSHETRA KALARI

@ Aspiration Sport Ground

- **Kalari Classes for Beginners**
 - Morning classes: 6:30—7:30am
Monday, Wednesday, Friday
 - Evening classes: 5—6pm,
Tuesday, Thursday, Saturday
- **Kalari Classes for Advanced People**
 - Morning classes 6:30—7:30am
Tuesday, Thursday, Saturday
- **Kalari Massage Available**
 - By appointment, 9042009200



Maneesh

Bharat Nivas presents

KALARIPAYATTU REGULAR CLASS



- Monday to Friday
 - Morning: 6—7am
 - Evening: 5—6pm
- @ Bharat Kalari, opp. Sri Aurobindo Auditorium
Monisha for BN Team

KALPANA GYM

Open 7—9am & 5—8pm
Monday to Saturday.
Satyakam

GIRLS' FUTSAL FOOTBALL CLUB

Tuesday and Friday, 5:10pm
@ Dehashakti

Girl's football team in Dehashakti. If you like football and you want to learn, play and have fun, come and enjoy it with the other girls.

- Age group 15+ only.
- Contact Beber 6385635943 for details

Beber



ABHAYA MARTIAL ARTS



Abhaya Martial Arts is proud to have trained over 500 students of all genders, ages, and experience levels. We've hosted expert Muay Thai coaches, Brazilian Jiu-Jitsu (BJJ) black belts, and introduced our students to a range of transformative practices. Our team has participated in national competitions and begun awarding official belts and degrees recognized by the **Shou Dao School**—a martial arts academy acknowledged by the Olympic Committee.



Our regular classes for adults @ 5:30pm

- **Monday:** MMA/Grappling with Coach Giacomo
- **Wednesday:** MMA/Grappling with Coach Giacomo
- **Friday:** MMA/Muay Thai/K1 with Coach Ruben, Coach Tanguy and Coach Giacomo

Please note:

- Contribution required
- Be punctual
- Short nails, sportswear and no jewelry
- Stay home if you're unwell or have open wounds

For updates and participation: +91 9487340778 WA msg.

Brazilian Jiu-Jitsu classes for kids!

- **Tuesdays & Thursdays, 3:30–4:30pm** for kids aged 4 to 13, @ Dehashakti Gym
- Contribution required

After many requests, we're thrilled to restart Brazilian Jiu-Jitsu and foundational MMA classes for children at Dehashakti Gym! Send your child in sportswear, with a water bottle—and a big smile!

Classes are led by **Monica**, an experienced assistant instructor beloved by the kids. At Abhaya, we teach Brazilian Jiu-Jitsu in a **non-competitive way**, focusing on **discipline, self-control**, and a solid, practical foundation in martial arts. BJJ is one of the most effective real-life self-defense systems and is proven to enhance **cognitive skills** and **fine motor development**, especially in young children.

- **For more info or to join the kids' WA group:** +91 84480 77070

Giacomo for Abhaya

SWIMMING CLASS

Swim to Serenity: Waves of Strength!

- Water therapy
- Open water
- Oceanic Water dance
- Water movie
- Swimming in pool

@watersport_mani

Book now:
+91 8637633696

Package swimming class



Submitted by Mani

AIKIDO CLASSES

Aikido is a martial art created in the 1920s by Morihei Ueshiba, a master in traditional Japanese martial arts. Aikido is a path which aspires to the unity of mankind, the unification of the self with the universe, the union of Spirit and Matter.



The Auroville Aikido group always welcomes new practitioners, Youth and Adults, and those who would like to revive their abandoned practice!

Adult Aikido classes

- **Tuesday, Thursday and Saturday, 6—7:30am**, early morning. Beginners are most welcome. Girls and women are especially called to join us.
- **Wednesdays, 5:30—7pm**. Welcome!

Children/ young students

- **Monday, Wednesday and Friday, 4—5pm**.

Contact for more info and registration

- budokan@auroville.org.in
- 8300643963 WA, Philippe G.
- 9952812843 WA, N. Murugan

Cristo, Rita, Surya & Philippe for Auroville Aikido

Bioregion & Nature Activities

EGAI GIVING

Arts and Crafts



Toys Workshop: Craft simple toys made of wood and bamboo.

Finger Painting Workshop: Tap into your inner child and learn how to paint with your fingers.

Coconut Shell Workshop: Make and take earrings, keychains, bowls, and pendants.

Incense Workshop: Come and make your own agarbatties.

Products



We make craftwork out of eco-friendly materials such as coconut shell. All our products are unique by design and sustainable.

- **Contact Anand:** +91 9791896488, egai@auroville.org.in

Anand

SOLITUDE FARM ACTIVITIES

Saturday Free Farm Tour!

Be a part of a weekly farm tour to learn where your food comes from.

- Free guided farm tour only on Saturdays, 11:30am.

For the larger group (5+) and private bookings, there is a separate charge.

- Please email us at: solitudepermaculture@gmail.com



Education at Solitude Farm

Education at Solitude Farm is all about reconnecting with local food. Local food is our nutritional heritage and at Solitude we help bring awareness and adoption of locally grown produce in our daily lives. Workshops at Solitude:

• 3 days Intensive Permaculture Weekend Workshop

- View schedule and book here: <https://solitude.farm/workshop/>

Join us on a road back to nature with this intensive and hands-on workshop that will empower you to start growing your own food and gain insight into knowing where your food comes from. Explore the principles of permaculture; mulching, rotations, intercropping, understand the steps to create a food forest, start a nursery, make your own soap and recycle your waste water, learn about seed saving and lots more.

• Mini Permaculture Workshop

- Please email us: solitudepermaculture@gmail.com for the booking.

We offer mini permaculture workshops as private bookings for the group size 4 + participants. Duration: 2 hours. The group can select any workshop module mentioned below.

- *Introduction to permaculture through local food:* Solitude Farm is a true example of Masanobu Fukuoka's philosophy in practice – a road back to nature through eating local food. In this workshop explore the wide diversity of plants that grow around us, their countless benefits, and delectable taste and even learn how to make your own vegan sushi, salad and coolers!
- *Handmade Soap-Making:* By revaluing papaya seeds, neem flowers and soursop leaves, create your own natural soap and recycle waste water to grow your own food. We'll show you how to pack your soap in banana leaves and inspire you to cut out packaging with simple, creative ideas. The soap is yours to take away!

Farm Fresh Basket Service

A long term commitment to your health!

A weekly basket filled with a rainbow of seasonal fruits and vegetables, along with a unique salad kit to ensure a complete nutritional package. This basket is available to anyone from the bio-region. Pick up your basket from the cafe – Mondays, Wednesdays or Fridays.

- Please email us at solitudepermaculture@gmail.com to book your basket.

Krishna for the Solitude farm & café
[Krishna's newsletter!](#)

WELLPAPER WORKSHOP

10am—4pm, every day except Sunday

Join our workshop to learn & enjoy the process of turning waste paper into art. Create your own unique upcycled products from old newspapers to take home.

Wellpaper:

+91 9385744722, 0413 2969722



Viji

MOHANAM PROGRAM

For more information and registration for all the tours, workshops, classes and events:

mohanamprogram@auroville.org.in

Call/WA: 8300949079

Office: 10am—4pm,
Monday to Saturday

Auroville Bio-region hub for art, craft and culture to bridge and promote Local Tamil culture

1 day advance booking is necessary.



MOHANAM PROGRAM

Make & Take Workshop @ Mohanam Campus

Craft Activity	Duration
Pottery Making	1 hour
Kolam Mandala Painting	2 hours
Coconut Shell Craft	3 hours
Incense Making	1.5 hours
Lampshade Making	3 hours
Paper Marbling	1 hour
Candle Making	1.5 hours
Soap Making	2 hours or 1 day
Traditional Leaf Craft	2 hours
Bamboo Jewelry	2 hours
Dreamcatcher	2 hours
Henna	2 hours



Pottery Making



Kolam Mandala Painting



Candle Making



Incense Making



Soap Making

- The Make & Take workshops can be booked for any day Monday—Saturday, 10am—12:30pm or 2—5pm.

Auroville Bioregional Experience with Mohanam

Tour Activity	Duration
Village Tour	3 hours
Munnur & Perumukkal Visit	6 hours
Kaluveli Tank Visit	6 hours
Bio-region Village Temple Tour	4 hours
Navagraha Temple Visit (Moratandi Navagraha Temple & Prithyangara Temple)	3 hours
Wood Fossil Visit and Quarry Shower	6 hours

Classes @ Mohanam Campus

1 day Advance booking of classes is necessary:

Activity	Time	Description
Cooking Class	Monday to Saturday, 10am—12:30pm	Learn to cook traditional South Indian food and snacks.
Saree Draping	Monday to Saturday, 10am—4pm	Learn how to drape a saree and model your look in an optional photoshoot.
Siddhar Ongara Five Elements Chanting	Every Saturday, 3:30—4:30pm	Chanting calms the mind, boosts energy, and fosters inner peace—join our class to experience its transformative power.

Tours inside Auroville with Mohanam

Tour Activity, Time	Description
Auroville Northwest Tour Monday to Saturday, 10:30am—10pm	Experience the beauty and richness of Tamil culture, tradition and heritage in the north-west zone of Auroville.
Mohanam Campus Tour Monday to Saturday, 10am—4pm	Visit Mohanam Bio-region Cultural Centre to experience Tamil culture with all your senses—taste local food, tour the bamboo experiential farm, attend art and craft workshops with local bio-region artisans, and buy products directly from the artisans at the Lively One-Village Boutique.

Thiruvannamalai Eco & Spiritual Services

Thiruvannamalai—Mohanam Services. Arunachala—Auroville. Tour, Retreat space, Camping, Temple visit, Ashram, Girivalam Full Moon Experience

The following services are available in Thiruvannamalai as Mohanam program has partnered with locals to arrange local tours, therapy, ashram visits, healing sessions, trekking and camping packages, group outings and awakening/ spiritual tours and Thiruvannamalai volunteering activities. You can book the complete tour (cab, stay, local visit to spiritual places) by the Mohanam youth to Thiruvannamalai.

For more information, contact us:

- mohanamprogram@auroville.org.in, 8300949079
Balu for Mohanam Program

AUROVILLE BAMBOO CENTRE

Bamboo Centre Campus Tour

Bamboo Centre campus tour offers a holistic experience into the world of bamboo all in one place. Takes you from the bamboo sapling, different species, varieties of raw materials, workshops, products, food and wellness services related to bamboo is curated into an educational tour with bamboo tea and refreshments.

- 11am—12:30pm, 2:30—4:30pm
- Every day except Sunday
- Registration one day in advance.



Every Saturday Auroville Bamboo Tour with Special Bamboo Lunch



- 11:30am—12:30pm, every Saturday
- Registration one day in advance.

Special Bamboo Lunch for Groups in week days

- 11:30am—12:30pm, every day except Sunday
- Registration two day in advance.

Trainings and workshops

The importance of Bamboo as an Eco-friendly raw material capable of meeting many needs and is gaining global acceptance among many people.

Being a natural gift to mankind, bamboo is very popular due to its multipurpose use, fast growth, easy propagation, soil binding properties and short gestation period.

Daily, Make and Take Hands-on Workshops Experiences

One-Day, Make and Take Workshops:



- 9am—12:30pm, 1:30—5pm
- Registration one day in advance.
- **Furniture Workshop:** This immersive learning experience that offers the opportunity to learn the fundamentals of furniture construction and then make and take the furniture piece back home. This unique workshop will take place under the guidance of an expert.
- **Bamboo Lampshade:** Come and learn to make your own Bamboo Lampshade at Bamboo Centre and take home your own hand made lampshade at the end of the workshop.
- **Bamboo Giraffe:** Come and learn to make your own Bamboo Giraffe at Bamboo Centre and take home your own hand made giraffe at the end of the workshop.
- **Bamboo Bicycle (For Kids):** Are you ready to bring your cycling aspirations to life? Join our immersive 1-day Bamboo Bicycle frame-building experience and embark on a journey that goes beyond just assembling a cycle.

3 Hours Make and Take Workshops:



- Walk-in registration available
- 9am—12:30pm or 2:30pm—5pm
- **Bamboo Toys:** Come and learn to make your own Bamboo Toys at Bamboo Centre and take home your own hand made Toys at the end of the workshop.
- **Bamboo Musical Instruments:** We at Bamboo Centre are happy to share our vast experience and knowledge gained over 15 years. Come and learn to make your own traditional/ folk instruments at our centre from professional craftsmen and take home your own hand-made instrument at the end of the workshop.
- **Bamboo Jewellery:** Choose to craft, out of bamboo and learn to make your own Bamboo Jewellery at Bamboo Centre from professional craftsmen and take home your own handmade Jewellery at the end of the workshop.
- 10am—12:30pm or 2:30pm—5pm
- **Bamboo Planter:** Come and learn to make your own Bamboo Planters at Bamboo centre and take home your own hand made Planter at the end of the workshop.
- **Bamboo Archery:** Come and learn to make your own Bamboo Archery at Bamboo Centre and take home your own hand made Archery at the end of the workshop. This course provides you with the opportunity and guidance for create their own bamboo archery and bow from start to end. All tools and materials provided in the cost of course.

Upcoming Workshops June 2025

[Hyperbolic Paraboloid Dome Workshop](#)

• 13 & 14 June 2025, 9am—5pm

This workshop focuses on Bamboo Hyperbolic Paraboloid Dome building construction from bamboo and various natural materials.

The Bamboo Hyperbolic Paraboloid Dome workshop will take place over 2 days, covering full day intensive sessions offered daily from 9am to 5pm.

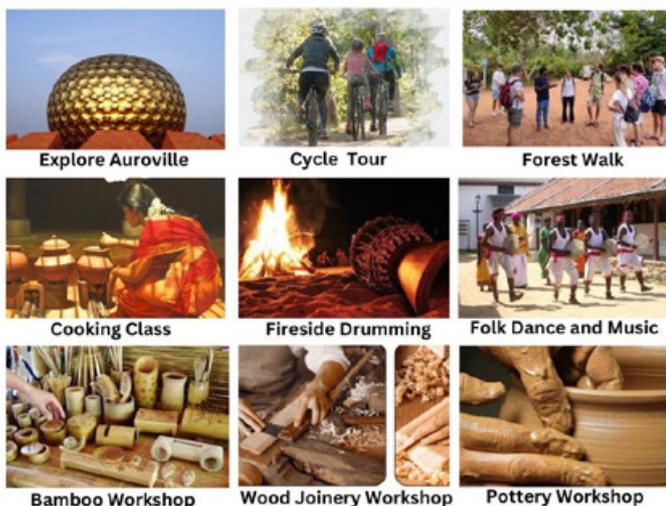


For more information, special requirement, and pre-booking contact:

- Preferred: bambooworkshop@auroville.org.in or bamboocentre@auroville.org
- or +91 8300949081, 0413 2623806/ 2964727
- Flexible training dates offered to groups
- www.aurovillebamboocentre.org

Archana
for Bamboo Centre Team

ENLIGHT



ENLIGHT

+91 76398 10621/82700 71581/0413-2963034
enlight@auroville.org.in

Arun, Anand and Balaji
for Enlight Team

Looking For

Family of 4 Looking for a Long-Term House Sitting

We are a family of 4 with 2 kids, age 2 and 5, newly newcomers, and we are looking for a long-term house sitting in Auroville. We are clean and minimalist people, the kids mostly like to play outside, so an outdoor space would be wonderful. Please feel free to contact me on +916385549802 WA.

Meghan and family

Office Spaces

Aurelec Spaces Available

35.12 sqm. closed space available inside Aurelec Premises. This space is ideal for workshop or office or storage with generator back-up, 24 hours security, parking, provision to put air-conditioners, high speed fibre internet access (BSNL and Aurinoco), canteen and sports facilities.



Conveniently located closed office room (around 18.30 sqm.) on the first floor inside Aurelec premises with superb infrastructure, including generator back-up, UPS System, provision to put air-conditioner, 24 hours security, parking, high speed fibre internet access (BSNL and Aurinoco), canteen and sports facilities.

- Interested people may contact Mr. Siva at Aurelec in person, or by phone to 2622293/ 2622294 or e-mail adps@auroville.org.in

Siva for ADPS Trust

Office Space Available: Auromode

Office Space inside Auromode Premises with superb infrastructure, including Generator back-up, 24 hours Security service, Aqua Dyn drinking water, Car & Bike parking and restaurant.



Contact Mr. Pandian at Auromode in person, +91 9943390391 or pandian@auroville.org.in

Pandian

Honorary Voluntary

GAU SEVA AT SADHANA FOREST!

Your heartfelt service is needed at the Sadhana Forest Gaushala!

You are most welcome to join us on any day from 7am onwards, and have a vegan breakfast at 8:45am. Breakfast is offered as a gift, and there is no need for prior booking. If you would like to contact us:

sadhanaforest@auroville.org.in,
8525038274WA or call
8122274924

Aviram
for Sadhana Forest team



VOLUNTEERING @ ECOSERVICE

Everyone is welcome at Ecoservice because it's our communal attempt to practice what we preach about ecology and a city the Earth needs.

**Tuesday mornings
is a dedicated time that all
are welcome to randomly drop in**

for some onsite sorting and other activities, to look around or whatever. For regular volunteering, special projects or needs, please call first.



B for Ecoservice,
7598911090 WA

Work Opportunities

**AUROVILLE INSTITUTE OF APPLIED TECHNOLOGY
seeking for qualified candidates**

Auroville Institute of Applied Technology (<https://aiat.edu.in/>) is currently seeking qualified candidates for the position of Assistant Professor in the field of Electrical and Electronics background. Applicants must hold a Master's degree in a relevant discipline.

- Interested candidates are invited to send their CV to info@aiat.edu.in.
Amarnath

**COLOURS OF NATURE:
Looking for a Gardener**

We are looking for a gardener to take care of our garden. Basic experience in gardening is preferred. Interested person may contact us at 0413 2622587 landline.

*Manikandan for the Colours of Nature,
Auroshilpam*

**AIKIYAM SCHOOL:
Join Our Team of Educators!**

Are you passionate about shaping young minds and fostering a love for learning? We are looking for dedicated and qualified educators to join our esteemed institution!

- Social Science Teacher (Middle/High School)
- Pre-Primary Teacher

Requirements: Bachelor's or Master's Degree in the respective subject with B. Ed (for Social Science Teacher), Diploma or Certification in Early Childhood Education (for Pre-Primary Teacher), Prior teaching experience preferred, Strong communication in Tamil, English and classroom management skills.

What We Offer: Competitive salary package, Supportive and dynamic work environment, Professional development opportunities, Engaging curriculum and innovative teaching methodologies

How to Apply: Send your resume and a cover letter to aikiyamschool@auroville.org.in or contact 9786211534, 0413 2622358 for more details.

Join us in nurturing the leaders of tomorrow.

Radhakrishnan, Principal NCBS

Foods, Goods & Services

AUROMODE RESTAURANT IS OPEN

Monday to Saturday, 12—3:30pm & 6—9pm

We at the Auromode Restaurant are happy to announce that we are now open!

We look forward to seeing you all.

*Pavithra
for Auromode Restaurant*



NATURELLEMENT GARDEN CAFE

Summer Discount every Thursday

For those staying on in Auroville in the heat and sweating it out with us! Through May and June we offer a 50% discount on our menu in Naturellement Garden Cafe every Thursday.



So please come and chill out in our AC lounge!

And remember, although we take the last orders at 7pm, you are welcome to stay on at your leisure, as long as you want.

Martina for the Naturellement team

NEEM TREE CAFE OFFER

Neemtree Cafe offers fresh fruits juices, wraps, dosas, parathas, tacos, salads, burgers, french fries etc:

- We are open every day **Monday to Saturday @ Mahalaxmi park** (Near Solar Kitchen). Sunday is holiday.

- Our prices are 20 to 200 only inclusive all taxes

Come and enjoy!

Parthasarathy Krishnan

TASTE OF YOGA VÉRITÉ CAFÉ



Taste of Yoga offers a simple, quiet space to read, reflect and nourish oneself. Delicious healthful snacks, treats, light lunch & drinks have been designed with utmost care, integrating satvick principles to promote overall well-being.

**Monday to Saturday
08:30 - 16:30**

Kathir for Vérité programming

RIGHT PATH CAFE SUMMER NEWS



- Cafeteria is closed on Tuesday evenings** instead of Monday evenings! Please join us on Monday nights for our full range of dishes, including Korean, Dosas, etc.

- Also, the **Cafeteria is now on Dropzy!** Please check our Takeaway menu!

Summer is coming. Let's celebrate with special offers at cafeteria visitors centre.

- Every day, 7:30—9am** 50% Discount for Aurovilians on our organic breakfast items!

- Every Thursday** 50% Discount for Aurovilians on Korean dishes

- Every Friday** 50% Discount on non-veg dishes

Reminder! Cafeteria uses chiefly organic products and Auroville grown food.

We offer

- Monthly and half monthly organic lunch scheme options
- 30% Discount to Aurovilians and 10% discount to volunteer Aurocard holders on all our menus.

Kyonghyon Lee for Right Path Cafe

LA TERRACE IS CLOSED FOR ANNUAL TOUR

Thursdau, 12 June—Sunday, 15 June 2025.

See you again on Monday, 16 June

Angelika for La Terrace

THE SPROUT TIMINGS



Daily, 7am—4pm

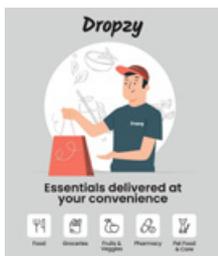
Monica for The Sprout team, www.thesprout.in

DOWNLOAD OR ACCESS DROPZY APP

Android: <https://play.google.com/store/apps/details?id=app.auroville.dropzy>

iPhone Browser Version: <https://app.dropzy.in/public/dropzy>

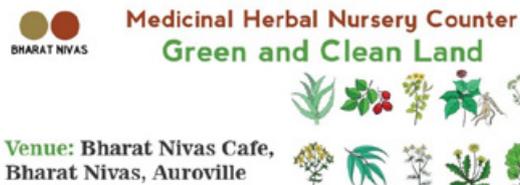
Desktop: <https://app.dropzy.in/public/dropzy/desktop-version>



Sathish

BHARAT NIVAS PATHWAY

Medicinal Herbal Nursery Counter



Venue: Bharat Nivas Cafe, Bharat Nivas, Auroville

Green and Clean Land: Indoor and Outdoor Plants for your House and Garden. Your journey into holistic wellness begins here! Nourishing and preserving bio-diversity for environment protection in collaboration with Martuvam Healing Forest.

We warmly invite you to bring Auroville’s native plants from your garden to showcase at our nursery counter. Together, let us share the beauty and benefits of these plants with humanity.

Offer your contributions with a minimal donation and become a part of this collective effort to promote nature’s gift for a better tomorrow. Let’s grow and give, together!

Souvenir Outlet



Monisha

TAMIL NADU BASMATI RICE

@ Siddhartha Farm

At Siddhartha Farm, we have introduced Tamil Nadu Basmati rice, which we have been successfully cultivating here. It is now available at the following outlets: PourTous Distribution Centre (PTDC), PourTous Purchasing Service (PTPS), Farm Fresh, and Hers.

This aged, semi-polished Basmati raw rice is available in both whole grain and broken grain forms.



- Direct bulk orders are welcome, with a 25% discount offered on the following minimum quantities:
 - Whole grain rice, 25 kg
 - Broken grain rice, 15 kg
- Door delivery within Auroville will be provided as part of our service.

If there is a positive response from the community, we look forward to continuing its cultivation.

- For pricing and orders, please contact us at:
 - siddhartha.farm@auroville.org.in
 - +91 8838012456

Available for immediate supply.

Suha from Siddhartha Farm

FOODLINK MARKET IS OPEN EVERY DAY



Monday—Saturday, 9:30am—12:30pm

We welcome you every morning from 9:30am to 12:30pm. We are open to volunteers, guests & visitors and we accept payments by FS account, Aurocard and UPI.

- **For more info,** call/ WA +91 83002 68804 or pass by. *Isabella for FoodLink*

ANNAPURNA FARM BASKETS

Annapurna Farm offers farm baskets of produce/products (dairy, fruits, and grains) from Annapurna to connect with the consumers directly.



Residents/ volunteers/ guests can select from the range of produce/ products to order via google form. Orders are delivered to Foodlink & PTPS on Saturdays. Some of the produce/ products are exclusively available for CSA orders.

- We have a WhatsApp group to make weekly announcements for the order form links and occasional farm updates.
- Please scan the QR code to join the group or [follow this link](#).



Madhuri for Annapurna Farm

HEMPLANET:

Explore the Benefits of Hemp!

Visit Hemplanet for a range of hemp-based products, including hemp oils, protein powders, hemp foods like granola bars and pasta, and body care products. All products are eco-friendly and perfect for a healthy lifestyle.



- **Location:** First Floor, Building 1, Auroville Main Road, Reve Area, Auroville
- **Opening Hours:** Monday to Saturday, 10am—4:20pm
- **Contact:** +91 8098021280/ +91 7824975821. *Davide*

LIVING ROOM CAFÉ

Open every day, 8am—9pm

Come enjoy delicious meals and coffee in our cozy space, located on The Crown across from the Auroville Library.



We serve breakfast, lunch, and dinner for Aurovilians, newcomers, volunteers, and guests. **We look forward to seeing you!**

Debo for The Living Room Cafe Team

SOUTH INDIAN BREAKFAST

@ Aurelec Cafeteria

7:30—10am

Variety of Dosa and Millets Pongal, Coffee

Rs.99

Submitted by Shiva





Open 24 X 7: Any Taxi bookings can be done directly to our UTS office. The contact numbers are:

- Landlines: 0413 2623586, 0413 2623587
- Cellphones: 9047015801
- Email: uts@auroville.org.in *Lakshmi for UTS*



**Book
A Taxi 24/7**

+91 9843880591

Office: **(0413) 2220591, 2220592**
 Office cell: **8610915429**
sunrisetaxi@auroville.org.in
www.aurovillesunrisetaxi.in



Sathish for Sunrise Taxi

SHARED TRANSPORT SERVICE

Shared Transport in Auroville is dedicated to offering **cost-effective travel options by arranging shared trips** between Chennai and Auroville. Additionally, we provide **local trips** within Auroville and Pondicherry.



- Taxi bookings can be made directly through our STS (ITS) office.

Location: ITS (Integrated Transport Service), Solar Kitchen Area, in front of PTDC, Auroville—605101

Contact: 8098776644/ 9442566256, its@auroville.org.in

*Rajesh.D
for Shared Transport Service*

KINISI E-MOBILITY

At Kinisi we are passionate about making sustainable, electric transport accessible and convenient for everyone in Auroville. Whether you're a guest, long-term volunteer, newcomer, or Aurovilian, we have tailored solutions to get you moving quietly, cleanly, and efficiently.



Our Services Include:

- E-Cycle, E-Scooter & E-Bike Rentals:
- Flexible pricing depending on the duration of rentals for guests. <https://app.kinisi.in/>
- Special discounted rates for SAVI registered for long-term volunteers—ask about our volunteer scheme! <https://app.kinisi.in/volunteer/>
- KIM Scheme: Exclusive benefits for Aurovilians and Newcomers. <https://app.kinisi.in/kim/>

Repair & Service:

- Comprehensive repair and maintenance for all models of e-cycles, e-scooters, and e-bikes—no matter where you bought it!
- General Service, Battery, Motor, and Controller check, parts replacement, and recycling services.

Contact Us:

- +91 8300460679/ 680, info@kinisi.in
- <https://bit.ly/2Jl4Q9Z>, <https://kinisi.in/>

Debo



Your trust and encouragement inspire us every day to continue providing reliable and eco-conscious transport solutions for everyone: From **E-scooter and bike rentals to taxi and transport services, electric rickshaw pickups and drops, electric bike maintenance and delivery services**, we are honored to serve the diverse and vibrant needs of this incredible community.
Rajesh for I.T.S.

QUTEE ELECTRIC SCOOTER SERVICE

Many in Auroville are not aware that a quality service for all brands of electric scooters, and especially the ones (Humvee) made here over the years, is conveniently available. The Qutee service center is located near the Certitude entry of Auroville across from the Road Service just off the tar road before the Puncture Service.



New and old electric scooters can be repaired, maintained or replaced. Also battery services (recycle, repair, replace), Uninterrupted Power Supplies (UPS) and solar system services can be conveniently arranged. All work is coordinated by Govindaraj (Aurovilian) with decades of experience.

- You may call Qutee 9443372418/WA 9092637055 or email govindaraj@auroville.org.in for any of your requirements. Upgrade to electric transport and solar power.

Govindaraj & B for Qutee Electric Scooter Service

not just a **Furniture**
company

We Design
Produce & Manage your wood works





www.prakrit.org.in

Dear fellow Architects, Interior Designers and Developers in Auroville, we at Prakrit extend to you our expertise in working with Solid wood, primarily design and production of furniture and furnishings ensuring sustainable production, effective management and superior quality.

Head over to our website to check out our portfolio of projects done in collaboration with various architects and businesses over past years. Reach out to us for enquiries and collaborative opportunities.

Mehul for Prakrit, +91 9634424066

BOOK BINDING

We bind, repair, and restore all books with Hand made paper, cloth and leather at Vanaville workshop behind Tanto restaurant in Kulilapalayam.



8940648542, Michel

AI OFFICE HOURS

Every Saturday from 10—11am

Currently at the offices of Auroville Online Store (auroville.com) in Aurosarjan Complex

Hands-on workspace for AV units and individuals to work on specific AI projects. Bring your problem, attempt a solution, and get support. Technical expertise not required. Drop-ins welcome, but advance notice appreciated. A collaborative space to explore and work on AI projects.

Please join the AV GenAI User Group on WhatsApp to be updated on any changes in Location and Timing.

- WhatsApp: <https://chat.whatsapp.com/BY0sIY138DwFFdAffBsCRJ>

AL Majumdar
+91 9843941207 WA

ANY TIME DOSA AND PONGAL

@ the Pathway Café

Bharat Nivas Café has been serving Masala Dosa, Onion Dosa, Ghee Dosa, all day, everyday at a very good price. Now for the Pongal lovers: you can also get Pongal or Khichidi everyday. We also serve organic Tea only for Rs 20. Please, come and enjoy, welcome to Bharat Nivas café.

Arabinda for Bharat Nivas team

RAPID CARE SERVICES

Rapid Care Services is your trusted one stop solution for repair and maintenance and ancillary works since 2022. For more information or to schedule a service, please don't hesitate to contact us.



Services offered

Category	Service
Metal Works	Channels, Doors, Piping, Fabrication
Plumbing	End to End, Job works
Furniture	Repairs, Made to order
Masonry	Repairs, Renovations and Remodulation
Painting	End to End, Job works, Floor Waxing
General Maintenance	Fumigation, All Home Utilities, Fencing
Installations	Washer and Dryer, Air Conditioner, Inverter, Water filter, Security Camera
Electrical Works	Wiring, Metre box, Lights, Switches & Sockets, Motion sensor
Cleaning Service	Deep cleaning—House, Office, Guest house etc, Bathroom cleaning, Water tank cleaning Vacuum cleaning, mopping, dusting, floor polishing, polishing mirrors.
Landscape Design	Overall design of outdoor spaces, from entrances to courtyards and community areas.
Repair & Renovation	Roof leakage, alterations to a pre-existing structure or building, upgrades to an existing building, outdoor space, or existing infrastructure.
Transport Service	Load Carrier facility

- Contact: + 91 8270071581
 - Primary Email: rapidcare@auroville.org.in
 - Secondary Email: rcsrapidcareservice@gmail.com
 - Instagram handle: @rapidcare1

Balaji & Arun



inside india
DREAMS & MEMORIES

Inside India is closed on all Saturdays in June

For urgent matters or emergencies, you may contact our ticketing agent Ganesh at +91 9894598686.

Itineraries & Ticketing: Planning to escape the summer heat? Inside India can craft the perfect itinerary tailored to your travel needs across India and Sri Lanka. Write to us at tours@insideindiaauroville.com.

As always, we're open **Monday to Friday, 10am—5pm,**
@ our Kalpana Office.

Shaheen for Inside India Team

FREE STORE SUMMER TIMINGS



As we move into the summer months, please note the updated operating hours for the Freestore for June:

Monday to Saturday
9am—12:30pm

Closed in the afternoon

Kamala for the Free Store team

SERVICE AVAILABLE

- Gardening work: fencing, cleaning, cutting, pruning, planting, digging
- Keeth Hut house building any size
- House repair: masonry, carpentry, plumbing
- Shopping service

Please contact Ranjith, Aurovilian:

- +91 8610997059, subramani13@auroville.org.in

Ranjith

SARVAM COMPUTERS OFFERS RELIABLE SERVICE

Sarvam Computers is located in Utsav Complex. Sarvam Computer offers all types of computers sales and service, data recovery, all types of Apple device sales and services, office network and server setup, monthly and annual maintenances etc.



Contact Sarvam Computers

Utsav Phase—1 A, First Floor, Vérité Radial, Auroville

- 0413 2622050, 9443211891, 9786953603
- FS account: 251263
- sarvamcomputers@auroville.org.in

Bala

RUPAVATHI JOY ACTIVITIES

Bio-Region Temple Tour: Interested in learning more about the religious heritage in and around the bio-region? Come take a guided tour of temples around the bio-region. Starting point from Solar Kitchen. Can be scheduled anytime throughout the week. Please contact me in advance for more information and booking.

South-Indian Cuisine: Cooking class: Learn to cook some delicious delicacies of south India with Rupavathi.

Thai Massage & Tailoring: We give every morning from 9:30—11:30, 11:30—1:30, 5:30—7:30pm.

This is for both the classes: we can tailor and customize any kinds of dresses, sari-blouses and kurtas.

- For any of the above services, contact:
- 8098845200 WA/ ph., rupavathijoy@gmail.com

Rupavathi

SURABHI SUPPLIES

Your one-stop shop for quality materials and equipment in Auroville! We offer discounted prices on construction supplies, appliances, machinery, and more through bulk purchases, saving you time and money.



- **Contact us for all your procurement needs:**

surabhisupplies@auroville.org.in

+91 9843846458 WA, Phone, Iyyappan

Voices & Notes

AUROVILLE RADIO TV

Dear Aurovilians, your favourite radio is always working for you. Stay tuned!



Last published podcasts

- [Savitri—Ep.11: Introductory Comments in Tamil by Dhanalakshmi](#) (Spirituality)
- [Cosmic Inner Weather Report—Ep. 8](#) (Conversations)
- [Menstrual Well-Being-Ep.1 \(Part 3\)—“Sai Priya in Conversation with Kalvikarasi from Eco Femme”](#) (Health & Wellness)
- [Une série hebdomadaire de lectures par Gangalakshmi—Ep.495](#) (Integral Yoga)
- [Marlenka’s weekly Offering—Ep.139](#) (Literature)

...and more! on www.aurovillerradiotv.org

For more information write to radio@auroville.org.in

Sai Priya for Auroville RadioTV Team

[Paths of Light: Tales of Spiritual Awakening in Auroville](#)

SACRED UNION:

The Inner Chamber and Banyan Tree

It was one Sunday evening around 6pm. The sun was shining brilliantly, casting a golden hue over the Matrimandir of Auroville, creating a radiant aura. J., an old Aurovilian, and his friend M. were sitting under the sacred Banyan tree, reminiscing about the early days of Auroville and the building of the Matrimandir during the seventies and eighties. J., with his two black walking sticks, sat on a stone bench, while his friend, confined to a wheelchair, listened intently.

Both had been part of Auroville for the past 50 years, their lives intertwined with the growth and evolution of this unique community. They used to visit the inner chamber of the Matrimandir every week for concentration and meditation. However, their advancing age and physical limitations now prevented them from climbing up into the inner chamber.

As they sat silently with closed eyes, memories of the golden days flooded their minds. They recalled the camaraderie of the early settlers, the shared vision of a utopian society, and the labour of love that went into constructing the Matrimandir with all the other pioneers of Auroville, newcomers, and Ashramites. The stories they shared were filled with laughter and resilience, the challenges they overcame, and the triumphs they celebrated together.

A deep sense of nostalgia and a touch of sadness overcame them as they missed the profound meditative experiences within the inner chamber. This longing was palpable, casting a shadow over their hearts. The inner chamber had been like a sacred space, a place where they found peace and clarity, where the world outside ceased to exist, and the silence spoke to their souls.

J. and M. opened their eyes and gazed at the majestic Matrimandir, its golden sphere glistening in the evening light. They felt a profound connection to this sacred space, despite their physical limitations. The Banyan tree, with its sprawling roots and ancient presence, seemed to cradle them in its embrace, offering solace and strength.

“Do you remember,” J. began, “the first time we walked into the inner chamber? How it felt like stepping into another world?”

M. nodded, a soft smile forming on his lips. “Yes, it was like entering a sanctuary of pure light and silence. Every worry, every thought melted away.”

They sat in silence again, the weight of their memories and the present moment blending seamlessly. The Matrimandir had always been more than a structure; it was a symbol of their dreams, their struggles, and their unwavering dedication to the vision of Auroville. This longing was strong and touched their hearts. However, they missed the inner chamber due to their physical limitations now. They felt this very intensely in their hearts.

Suddenly, an inner voice and a soft light emerged from the Matrimandir, enveloping them in a comforting embrace. The voice spoke with a gentle assurance:

J. and M., I can hear and feel your inner longing. Do not worry, for you are in the best place—just as sacred as the inner chamber—under the sacred Banyan tree. The Banyan tree has been here long before me. The sunlight passes through me in different stages and ultimately reaches the mother earth. Similarly, the Banyan tree receives sunlight through its leaves, channeling it into the ground.

Inside my inner chamber, the air is kept cool artificially, but under the Banyan tree, you feel the natural, soothing breeze. I have four main pillars to stand on, and the Banyan tree has its many pillar roots. I was brought to life by the divine grace of Aurovilians, and the Banyan tree is a gift from divine nature. The Divine Mother designed my structure, and the Banyan tree has conversed with her spirit.

When you meditate here under the Banyan tree with an open heart and sincerity, you will receive my light, power, and help. Not only here, but also in your homes, in the forest, or wherever you are, you will receive divine light and assistance if you open your heart and mind fully.

So, let go of your thoughts about not being able to come to the inner chamber. I will come to you here and now. Whether you are sitting under the sacred Banyan tree, resting in your home, walking through the forest, or anywhere else, my presence is with you. The inner chamber is not just a physical space but a state of being. When you open your heart with sincerity and gratitude, you create a space within yourself that resonates with the same energy and peace as the inner chamber. Feel the divine light and assistance envelop you wherever you are, for the essence of the Matrimandir transcends physical boundaries. Embrace this truth and let your mind and heart be at ease. You are never apart from the divine presence.”

A sense of clarity and peace washed over J. and M., and they smiled at the Matrimandir, feeling uplifted and reassured. The Banyan tree, as if acknowledging their newfound understanding, shook its branches, sending a cool, invigorating breeze their way. Birds perched on the tree began to sing and dance, adding a joyful symphony to the moment.

In that serene evening light, under the sacred Banyan tree, J. and M. felt a profound connection to the divine, their hearts filled with gratitude and peace, knowing they were always within the embrace of the Matrimandir’s light, no matter where they meditated.

Lourde Nadin Epinal
Pitchandikulam Forest

Poetry

I FALL INTO A SPIRAL WHIRLPOOL

I fall into a spiral whirlpool
Of your dimples.
There I dive
From shallow ripples
Into deep recesses.

Anandi Z

Classes, Workshops & Healing Arts

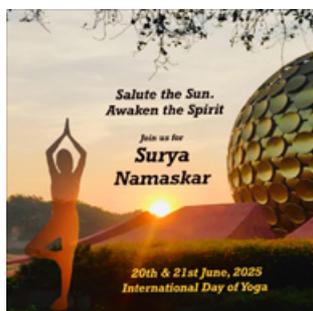
AUROVILLE JOINS THE INTERNATIONAL DAY OF YOGA

These events are in support of the United Nations resolution made in 2014 proclaiming 21 June as the International Day of Yoga.

Surya Namaskar Challenge

20 June, 6:30am onwards @ Dehashakti Sports Ground

You can choose to participate in the challenge by registering for one of the 3 levels given below:



- **Beginner, आरम्भकः (Ārambhakah):** 21 Surya Namaskars.
Meaning: One who is starting or initiating something.
- **Intermediate, मध्यमः (Madhyamah):** 54 Surya Namaskars.
Meaning: One who is in the middle stage; moderate or intermediate.
- **Advanced, प्रवीणः (Pravīṇah):** 108 Surya Namaskars.
Meaning: Skilled, proficient, or advanced in knowledge or practice.

International Day of Yoga

21 June, 5:30—7am @ Amphitheatre—Matrimandir

- All are welcome
- Pre-registration is compulsory.
To register fill the google form at link below
 - <https://forms.gle/3WDDCYqE4J6EAhsQ9>

We are looking for volunteers to support the events on 20 and 21 June 2025.

- If interested write to us at avpeb@auroville.org.in
Nilima and Muthukumari
for AVPEB and Marathon Yoga Teams

MANTRAS & STOTRAS

Traditional Chanting Class

Friday, 5pm (regular class) @ Serendipity Community



+91 8940288090, serendipityauroville@gmail.com

Sonia

MINDFULNESS KINDFULNESS

Saturday, 28 June, 9:15am—12:30pm

Half day retreat with Helen @ Creativity Hall of Light

This half-day retreat provides a chance to unplug from the stress & chaos of everyday life, & revitalise in this immersive space of calm. It is an invitation to shift the pace of life and reorient attention softly, with care, to the here & now.



This session blends mindfulness meditation practices with reflections on kindness, allowing for an inner movement towards softening, care and compassion. Participants are in silence for most of the session, allowing a chance to go deep within.

Participants will have the choice of practicing in a seated position or lying. It is suitable for all—those new to meditation and experienced meditators looking to deepen their practice.

- It is a paid event (although it is on contribution basis, so the amount is of participants choice).
- It is offered through Inner Sight (an activity under Hospitality Trust).
- Booking is required. To register contact Helen
 - on 7094753054 WA or visit innersightav.org

Helen

INTEGRAL UNFOLDMENT

Life Coaching (Aletheia Coaching School)



Are you feeling stuck? Looking for a renewed purpose?

Life is an incredible journey, unfolding one chapter at a time. In some moments, it's natural to feel stuck or lost, or longing for a new direction.

I'm here to support those ready to go deeper—beyond the surface—courageously exploring what's emerging and navigating roadblocks with presence and authenticity.

Through a transformative approach inspired by **Internal Family Systems (IFS)**, **Focusing**, and the **Diamond Approach**, we'll uncover your innermost self and help you get unstuck and move forward with clarity and purpose.

By Dave (JOI Anitya), +44 7564119728 WA

BHARAT NIVAS: YOGA SCHEDULE, JUNE 2025

Evening Vinyasa Flow Yoga with Bala

- Thursday, Friday & Saturday, 5:30—7pm

Vinyasa Flow yoga emphasizes the coordination of breath and movement, creating a dynamic and fluid practice. This style links various yoga poses together in a seamless sequence, building a continuous flow of postures that energizes the body and calms the mind. Whether you're a beginner or an experienced yogi, Vinyasa Flow classes adapt to your level, offering the perfect balance of intensity and mindfulness.



- **Drop in & Pre-registrations** are suggested through e-mail or WA. Write to us to know more about the fees structure and other details.

- **Contact:** balagagnesh.siva@gmail.com & +91 9892699804 WA only

Monisha, BN Team



ARKA WELLNESS CENTER

Program

arka@auroville.org.in, 0413 2623799



Treatments

Therapist	Treatments, When
Barbara	<ul style="list-style-type: none"> • Yoga of Mother and Sri Aurobindo • Healing and Awareness on all levels (physical, vital, emotional, mental and psychic) • Mother's Flower Medicine (vibrational remedy) • Individual Sessions and Groupwork • Psychosomatic Therapy and Breath Therapy • Consciousness / Energy / Body Work based on Integral Yoga Only by appointment baritam@auroville.org.in
Pepe	<ul style="list-style-type: none"> • Body Logic • Soft Massage • Deep Tissue Massage • Monday to Saturday By appointment, +91 9943410987
Silvana 2 months TOS	<ul style="list-style-type: none"> • Cranio-sacral • Lomi Lomi • Kahuna massage • Barefoot body massage Monday to Saturday, by appointment only +91 9047654157
Antarjyoti <i>English</i> & <i>French</i>	Psychospiritual Introspective Tarot Reading <ul style="list-style-type: none"> • Deconditioning Self Inquiry • I ching oracle • Inner/subpersonalities forces awareness Monday to Saturday, by appointment only 0413 2623767, antarcalli@yahoo.fr
Niyati Thakkar	<ul style="list-style-type: none"> • Integral Regression therapy • Integral reiki healing • Holotropic technique breathwork Monday to Saturday, by appointment only +91 7041391995, narayani-nc@auroville.org.in
Olesya 2 months TOS	<ul style="list-style-type: none"> • Visceral massage (it uses manual abdominal pressure to improve health, metabolism, and immunity helping with conditions like gastritis, diabetes, bronchitis, cystitis, hormonal disorders, and migraines) By appointment only, +91 9159052743 olesya@auroville.org.in
Shruti	<ul style="list-style-type: none"> • Physiotherapy, in Orthopedics. Neck pain, Frozen shoulder, any shoulder related pain, Low back pain, Knee pain, Heel pain, Muscle injury, Ligament injury, Sports injuries, Sciatica, Post fracture/ Surgical rehabilitation, Stroke/ Paralysis, Facial palsy/ Bell's palsy, General fitness, Ergonomic advice By appointment only, +91 7904769496 auroshruthi@auroville.org.in

Classes

Teachers	Classes	When
Damien 1 month TOS	Acroyoga	By appointment only, +91 9047722740
Teresa	Pilates	Tuesday & Thursday, 7:30—8:30am Friday, 5:30—6:30pm. By appointment only, +91 7867998952
Olesya 2 months TOS	Iyengar yoga	Monday, Wednesday, Saturday 6:30—8am. Monday, Thursday, Saturday 5—6:30pm. Or by appointment, +91 9159052743
Aurosugan & Priyanka	Eye yoga and well- ness retreat	Monday to Saturday, 7—8am By appointment only +91 8012305151/ 9704258709
Priyamvada	Hatha yoga	Monday, 8—9am Friday, 7:30—8:30am By appointment, +91 9486261640

Services

Aurokiya: Eye care center

- Monday to Saturday, 9am—12:30pm, 1:30—5pm
- +91 8012305151, aurokya@auroville.org.in

Morning Star: Birth & women wellness

- morningstar@auroville.org.in
- Tuesday Morning

Clinical/ Private consultation

- Saturday, 9:30am—12:30pm, 2—4:30pm

Maatram: Psychological & psychiatric consultation

- By appointment, +91 9087709434
maatram@auroville.org.in

Convalescence Facility: Post-surgical and care facility

- For aurovilians only, Max. stay 3 weeks
- Contact Arka 0413 2623799, arka@auroville.org.in

Emergency Services: Ambulance & emergency service

- +91 9442224680, ambulance@auroville.org.in

Svasti: Homeopathic consultation

- By appointment, +91 9428429642
aditiiva@auroville.org.in

Health & Healing Trust: Administration office

- healthhealingtrust@auroville.org.in

Ramana, Arka

PITANGA CULTURAL CENTRE



Closed in June

Dear friends, it's time for annual repair work: Pitanga will close to the public **from Monday, 2 June, onwards**.

We will come back to you by the end of June with a new program. Meanwhile, we wish you a good summer!

Andrea for Pitanga Team

VÉRITÉ PROGRAM, JUNE

Please contact Vérité
@ 0413 2622045, 2622606,
9363624083

or programming@verite.in, www.verite.in



Yoga & Other Classes

Contact 0413 2622045, +91 9363624083 WA
programming@verite.in

Days	Drop-in Classes	Timings	Presenters
Mondays	Yoga for Energy Activation	7:30—8:30am	Mani
	Surya Namaskar—Yoga Foundation	9:15—10:15am	Jivitesh
	Sivananda Hatha Yoga	5—6pm	Nikki
Tuesdays	Sivananda Yoga	7:30—8:30am	Mani
	Yin Yoga—Deep Stretch & Relaxation	5—6pm	Jivitesh
Wed	Sivananda Hatha Yoga	7:30—8:30am	Nikki
Thursdays	Sivananda Yoga	7:30—8:30am	Mani
	Connect to the Inner Self—Stretch, Meditate & Journal	5—6pm	Jivitesh
Fridays	Sivananda Hatha Yoga	7:30—8:30am	Nikki
	Breathwork Foundation—Learn, Practice & Integrate	5—6pm	Jivitesh
	Taralaya Flow Dance	5—6:30pm	Vera
Saturdays	Yoga for Energy Activation	7:30—8:30am	Mani
	Deep Sound Bath	5—6pm	Satyayuga
	Sivananda Yoga	5—6pm	Mani

Yoga for Energy Activation: Energize & Align with Mani

- Mondays & Saturdays, 7:30—8:30am

A complete yoga session including asana, kriya, pranayama, chanting and relaxation to activate energy and begin the day in peace and harmony. Suitable for all, including beginners.

Surya Namaskar: Yoga Foundation with Jivitesh

- Mondays 9:15—10:15am

We focus on posture alignment, correct breathing, and holding the asanas (postures) for a deeper experience, and allow time to pause and reflect after each round to notice the changes in body and mind. Appropriate for all levels, including beginners.

Sivananda Hatha Yoga: Strength, Flexibility, Peace with Nikki

- Mondays at 5—6pm,
Wednesdays & Fridays at 7:30—8:30am

Hatha yoga in the Sivananda tradition builds strength, flexibility and vitality in the body while calming the mind. The class will include Pranayama (breathing), Surya Namaskar (warm up), Asanas (steady postures) and Savasana (relaxation posture).

Sivananda Yoga: Pranayama, Asanas & Relaxation with Mani

- Tuesdays & Thursdays at 7:30—8:30am & Saturdays at 5—6pm

A classic Sivananda session, including basic pranayama (breathing) and Surya Namaskar (sun salutation), designed to massage and rejuvenate the entire spine, with rhythmic alternation between effort and relaxation to balance the nervous system and prepare it for the final guided relaxation.

Yin Yoga: Deep Stretch & Relaxation with Jivitesh

- Tuesdays at 5—6pm

Poses are held for longer periods to gently stretch the deeper connective tissues, promote stillness in the body, and quiet the mind. An evening practice that helps to unwind, release stress and sleep deeply.

Connect to the Inner Self: Stretch, Meditate & Journal with Jivitesh

- Thursdays at 5—6pm

Gentle full-body stretches for better blood flow; Anapana meditation (observing the natural breath, just as it is) to help calm the mind, develop concentration, and come into the present moment, and a guided journaling practice to deepen self-awareness and our connection to the divine and inner self.

Breathwork Foundation: Learn, Practice & Integrate with Jivitesh

- Fridays at 5—6pm

A beginner-friendly session to understand the foundations of pranayama (Yogic breathing)—what it is, how it works, and when to use it. Learn simple, effective techniques that support calm, clarity, energy, and better sleep, and ways to integrate the practice into daily life.

Taralaya Flow Dance: Move in Freedom with Vera

- Fridays 5—6:30pm

Taralaya (a hybrid of two Sanskrit words, Taranga and Laya) means “flowing rhythm”. Taralaya Flow Dance offers a space for free movement exploration, with gentle guidance at the beginning and the end of the session.

Deep Sound Bath: Frequencies for Deep Relaxation with Satyayuga

- Saturdays 5—6pm

Based on the ancient art of using vibration to awaken the inner being and align the body, heart and soul to the frequency of the universe. Sound Bath uses the unique frequencies of various instruments to promote healing on a cellular level. Some of the instruments used are Tibetan bowls, xylophone, and drum along with mystical chanting.

Workshops

Day & Date	Workshops (pre-registration required)	Timings	Presenters
Saturday, 14 June	Pawanamuktasana Series: Energize the Joints	9:15am—12pm	Mani
Saturday, 14 June	Panchakarma: Ayurvedic Purification Techniques Workshop	2—4pm	Dr Geeta
Saturday, 21 June	Rise in Love—Yoga	9:15am—12pm	Jivitesh
Saturday, 28 June	Why Yoga Works: An Experiential & Scientific Exploration	9:15am—12pm	Dharani

Pawanamuktasana Series: Energize the Joints with Mani

- Saturday, 14 June, 9:15am—12pm

A structured series focusing on gently and safely moving the joints, from the toes to the neck, to help release energy blockages and reduce stiffness and muscular tension. The practice enhances circulation and range of motion, supporting a balanced flow of prana (vital energy) throughout the body, which is often experienced as an increase in energy level and a sense of lightness in the body-mind.

Panchakarma: Ayurvedic Purification Techniques with Dr. Geeta

• Saturday, 14 June, 2—4pm

For human health and healing purposes, Ayurveda has a Panchakarma, which is a set of five cleansing procedures. Through this workshop you will learn about these 5 types of cleansing and purification processes. You will learn about internal cleansing as well as external physical body cleansing.

Treatments and Therapies

By appointment: treatments@verite.in
+91 413 2622 606, +91 9363624083 WA

Therapist	Therapies (by appointment only)
Mamta	Face & Neck Massage
Mani	Yoga Chikitsa: Personalized Yoga Therapy
Parvathi	Food is Medicine: Lifestyle Health Practices Consultation
	Healing Facial Therapy: An 8-Step Skin Care Treatment with Indigenous Herbs
	Head Massage with Hair Care
Raja	Integrated Ayurvedic, Acupressure, Deep Tissue & Heart Healing Massage
Satyayuga	Healing Sound Bath with Tuning Forks
Vyshnavi	Energy Healing Reiki
	Holistic Foot Reflexology
	Holistic Rebalancing Massage
Marion	Chakra Balancing
	Access Bars: Energetic Head Massage Session

Face & Neck Massage with Mamta

Face & Neck Massage is a rejuvenating technique using special face oils, massaged with varying pressures into the face & neck, along specific energy lines & points, to induce deep relaxation for the body & mind.

Yoga Chikitsa: Personalized Yoga Therapy with Mani

One-to-one yoga therapy sessions tailored to everyone’s specific needs. Yoga Chikitsa includes assessment, teaching of various yogic tools, and structuring an appropriate practice sequence. The practice may include jattis (loosening of joints) kriyas (structured movements) asanas (isometric stretches) pranayamas (rhythmic breathing control) and relaxation techniques.

Food is Medicine: Lifestyle Health Practices Consultation with Parvathi

Personalized guidance in nutrition and lifestyle modifications to support health and well-being. Learn about your body’s constitution (Tridosha) and the plants, foods, spices and lifestyle practices that benefit your constitution and help prevent health complications.

Healing Facial Therapy: An 8-Step Skin Care Treatment with Indigenous Herbs with Parvathi

Healing Facial Therapy helps cleanse the facial skin, remove dead cells, boost collagen, reduce wrinkles, treat acne and allow the skin to glow, and feel soft and smooth. The indigenous herbs used are natural products that are selected for your specific skin type.

Head Massage with Haircare with Parvathi

A relaxing massage to the head and scalp using hair tonic oil. Stimulates blood circulation, helps to condition the hair, strengthen the roots, & relieve stress.

Integrated Ayurvedic, Acupressure, Deep Tissue & Heart Healing Massage with Raja

A massage that integrates elements from Acupressure (application of pressure on specific points on the body), Deep Tissue (sustained, slow, deep strokes to target the inner layers of muscles and connective tissues) and Heart Healing (a gentle, relaxing technique that improves the delivery of oxygen to the heart).

Healing Sound Bath with Tuning Forks with Satya-yuga

Sound Healing is a gentle yet powerful method to help you reconnect with your own innate high-level vibration. The vibration of the tuning forks and Tibetan bowls helps to recalibrate and free blocked energy, balance the right and left brain, and harmonize the chakras. This resonance supports the recalibration of our energy system, allowing creativity and peace to flow.

Energy Healing Reiki with Vyshnavi

An energy healing technique that promotes physical, emotional, and spiritual well-being by channeling universal life energy through the practitioner’s hands. Based on the belief that a “vital energy” flows through the body, a Reiki practitioner gently places their hands on or near the client’s body to help guide this energy to stimulate natural healing processes and reduce stress. This non-invasive therapy aims to enhance overall balance and harmony.

Holistic Foot Reflexology with Vyshnavi

Manual pressure is applied to specific “reflex points” of the feet to assist in restoring the flow of life energy to support self-healing. Reflexology increases circulation, brings more oxygen & nutrients to the cells, & helps reduce stress, improves digestion & promotes sound sleep.

Holistic Rebalancing Massage with Vyshnavi

A full-body treatment integrating elements of deep tissue massage, joint release, & energy balance. Rhythmic strokes & deep yet gentle pressure release tension from muscles & fascia, improving circulation & enhancing the body’s natural ability to heal.

Chakra Balancing with Marion

Blockages and toxins can accumulate not only in the body but also in our main energy centres, the chakras. These can be energies that are connected to our own past or that we have absorbed from our environment. Chakra cleansing aims to strengthen the energy field by dissolving blockages and activating self-healing powers, promoting fresh energy and a sense of lightness.

Access Bars: Energetic Head Massage Session with Marion

Similar to acupuncture, the energy points on the head, which are connected to our most important brain areas, are activated by laying hands on them, creating a specific flow of energy. This treatment induces a transformation of deeply ingrained beliefs and thought patterns. After one or a few applications you can initiate changes in our lives more easily—new synapses are created. This method is very helpful for chronic stress, burnout, anxiety, PTSD and it supports your general well-being as well as physical healing processes of all kind.

Aparna & Anandhi

AUROMODE SPA

Offers Cosmetology Services

Auromode SPA, offering services like facial, pedicure, manicure, waxing, threading, haircuts and hair coloring. Working from Monday to Saturday only by appointment call or WA: 9443635114.



Meha for Auromode SPA

LEELA THERAPY

A unique combination of psychotherapy, self-inquiry and ancient teachings of Enneagram of Liberation. I invite you to be supported by heart based and trauma-informed skills, taught by Leela School of Awakening.



Private 1:1 sessions are a powerful and intimate container to work on your deep emotional healing and self-discovery. Anything, and everything is welcomed. Leela therapy is offered by Kardash in person or on-line.

- For more details see www.innersightav.org or Kardash +91 9940934875 WA.
- Please note updated timings:
 - Mornings: Monday & Wednesday,
 - Afternoons: Tuesday & Thursday
 - Full Day: Alternate Friday or Saturday

Kardash



World Game Summer Play!

Here is an opportunity to create 'your World' in a box filled with sand. This simple activity, known as 'Sandplay' opens up imagination and intuition, and reveals your own unique living soul.

What people say: "It was a very fluid, immersive and spontaneous experience, with all that one can choose from, play with and place in one's world. What was being built revealed a lot about my life trajectory and future orientation."

The duration of a session is 1, 5 hours. It can be individual or together with a good friend. (A parent and child are welcome too.)

- Click to know more: [Adults](#) or [Children](#)
 - <https://spiritandnature.org.in>
- Contact Aikya: +919488084952 WA
 - spiritandnature@auroville.org.in

Aikya

SOUND THERAPY & SELF HEALING

Rejuvenating soundbath combined with breathing techniques for maximum benefits.

- By immersing yourself in the vibrations from a sound bed you will start to connect with your body's consciousness.
- By performing specific breathing exercises and deepening your connection with the chosen organ, you will be able to release negative emotions such as anger, sadness, and hate—and be able to invite joy, love, and stability into yourself. These exercises can be continued as a Self-Healing practice at any time in the future.



- **Contact** 9385428400 call/ WA to book your session today! Donation Based *Submitted by Isha*

It Matters

Is closed in June

We hope to see you all in July!

Bhakti & Sandra

Languages

NEWS FROM Auroville Language Lab



Tomatis

We still have some spaces for Aurovilians, Newcomers and Volunteers adults, teenagers and kids to do the Tomatis listening training programs—so don't delay to grab these spots. Have a look at <https://www.aurovillelanguage.org/alfred-tomatis-method/> for more info. If you have been waiting a while, or thinking about this for long, now is your chance.

- Send an email to tomatis@aurovillelanguage.org.

Due to some postponements, two-week and three-week slots have opened up, which are great for the 30-hour Wellness Listening Training programs or shorter language programs. Open to all.

- Resonance, the book! Check it out: <https://books.aurovillelanguage.org>
- To enquire or register: tomatis@aurovillelanguage.org or call 0413 2622467 or 3509932.

Courses

Current Schedule of Classes

See details here:

- <https://aurovillelanguage.org/current-schedule/>

Japanese for Beginners

We are pleased to announce the launch of a comprehensive Japanese course for beginners, designed to follow a structured syllabus using the renowned textbooks "Minnano Nihongo—Books 1 and 2". This program spans 1.5 years, with classes held once a week for 1.5 hours. Students will be required to purchase the textbooks.

The course will be taught by Naoko d'Anjou, a professionally trained instructor in Japanese language education. We are fortunate to have her expertise guiding this class.

We are seeking three highly committed students who are prepared to fully engage with the coursework. In addition to weekly classes, students will be expected to complete assignments and dedicate time for self-study and review outside of class. The course will be conducted entirely in Japanese, without translation, to create an immersive learning environment.

This program places a strong emphasis on mastering Japanese sentence patterns, oral communication, reading, writing, and kanji. Our goal is for students to reach JLPT N4 proficiency within six months and JLPT N5 within one year. Consistent pre-class preparation and post-class review are essential.

If you are ready to commit to this 1.5-year journey and are serious about learning Japanese, please send an email to info@aurovillelanguage.org with the subject line: "Japanese".

The moment we get the required minimum of 3 registered students will determine the course start date.

Course Objectives:

- Learn beginner Japanese using "Minnano Nihongo—Books 1 and 2"
- Study kanji alongside grammar and vocabulary
- Focus on sentence patterns, oral practice, reading, and writing
- Achieve JLPT N4 level in 6 months, and N5 in one year
- Commit to weekly self-study and review

We welcome your inquiries and look forward to hearing from dedicated learners ready to embark on this rewarding language journey.

So far, we have received just one (1) serious registration; unless we get at least two (2) more we will have to cancel the offering.

Private and group classes for English

Rupam: Our private and group classes are tailored to meet the unique needs of each student. However, please note that learning is not confined to the hour you spend with me. To truly develop a new skillset, it must become a part of your lifestyle. Be prepared to engage in various exercises that will challenge you to step out of your comfort zone and overcome your inhibitions.

Vismai: offers English conversation lessons one-on-one and to small groups limited to 2-3 learners. Her classes are customized according to each individual's level and pace. Each class is divided into several segments focusing on aspects such as pronunciation, tuning the ear to various accents, fluency in conversation, basic grammar, reading comprehension, idiomatic expressions, and sentence construction. The lessons make use of poetry, film, song, and quiz to allow an easy assimilation of the language. Enquire for timings.

Beginner English with Ashwini:

- Wednesday and Friday, 4:30—5:30pm

Ashwini will take on a new group of students and work through her proven English lesson plans that she has been giving for over a decade.

Head on over to the Lab's online form and complete your registration now so that we can keep you posted! <https://aurovillelanguagelab.org/registration/>

Call for Arabic Language Teacher

We are seeking a dedicated Arabic teacher for one-on-one lessons. The ideal candidate will possess a native-level command of Arabic, along with a passion for language instruction. Prior teaching experience and the ability to tailor lessons to individual student needs are desirable.

If you are enthusiastic about sharing your expertise and helping learners achieve fluency, we would love to hear from you! To apply, please send a brief cover email outlining your experience to:

- info@aurovillelanguage.org.

French classes with Auroasha and Jade

Auroasha is pleased to offer a new beginner French course, starting 7 May and continuing through June. This course is designed for complete beginners who wish to start their journey in learning the French language and culture.

Course Details:

- **Instructor:** Auroasha
- Wednesdays and Fridays, 3—4:30pm
- Starting 7 May, open to all adult beginners

Auroasha's classes will focus on building foundational skills in French, including essential grammar, vocabulary, and pronunciation, through interactive and practical activities. The aim is to help participants gain confidence and fluency in everyday communication, as well as an appreciation for Francophone culture. Additionally, Jade will be offering a dedicated beginner French course exclusively for children. This course will run on the same days and at the same time as Auroasha's, providing a supportive and engaging environment tailored to young learners.

Children's Course Details:

- **Instructor:** Jade
- **Schedule:** Wednesdays and Fridays, 3—4:30pm
- Starting 7 May. Children only (15yrs and under)

Both courses emphasize active participation and practical language use, ensuring that learners can quickly begin to communicate in French and understand the basics of the language.

For more information or to register, please contact the Language Lab at info@aurovillelanguage.org. Don't miss this opportunity to start learning French in a friendly and supportive setting!

Spoken Hindi for Beginners with Ashwini

- **New class starting in June with specific dates to be confirmed, Wednesdays and Fridays, 5:30—6:30pm**

Brush up your language proficiency with this 12-hours Hindi crash course. We will fast-track our way to acquiring an essential vocabulary for everyday conversations using techniques to speak effectively and confidently. This will be supplemented with quick and widely applicable grammar tips.

Tamil (Beginner) with Saravanan

- Next course starting in June. Exact dates to be confirmed (TBC)

Especially suitable for those who have gone through a beginner level, this course will help you apply the fundamentals acquired earlier while gaining confidence in conversational Tamil. Our fun, interactive lessons and supportive environment will make it easy and enjoyable.

Italian—Beginner Level

- **Registration Open**

Our long time Italian teacher Karuna, with years of experience would love to start a new class. So, if you've been thinking about starting or getting back into learning Italian, please do register your interest online.

<https://aurovillelanguagelab.org/registration/>

Beginner Spanish Course with Mila

- **New class starting in August with specific dates to be confirmed, Mondays and Wednesdays, 2:30—4pm**

This comprehensive beginner Spanish course, led by our veteran instructor Mila, is designed to equip you with the fundamental skills needed to understand and speak Spanish. Over the course of three months (36 hours), you will delve into essential grammar, vocabulary, and pronunciation, enabling you to engage in basic conversations and navigate everyday situations in Spanish. Whether you're planning a trip to a Spanish-speaking country or simply want to expand your language skills, this course offers a supportive and immersive learning environment to kick-start your Spanish language journey.

Reminder about our free Evening Programs

The evening conversation classes are a chance for all to practice speaking with native speakers offering their time. Barring indicated exceptions, these sessions happen weekdays from 5 to 6pm as follows:

- **Mondays:** French
 - with Isabelle (1st, 3rd and 5th week of the month)
 - with Coco and Gaspard (2nd and 4th week of the month)
- **Tuesdays:** Spanish with Gloria
- **Thursdays:** We are looking for a new anchor to host one more meet-up for English.
- **Fridays:** Conversational Hindi with Smriti, 5—6pm

We are still looking for native speakers to facilitate German, Italian and English conversation. Actually, any weekday from 5—6pm is open for people to offer their language. Big thanks to Darren for his time and presence for English the last few months, and to Isabelle and Patricia for French.

Film Shows

Two documentary films, one on the Alfred Tomatis method (48 minutes) and one on the special features of the Language Lab building (27 minutes) are available on our new website and at the Lab, where you are welcome to come and watch them. All are welcome.

Current Schedule of Classes

Lan-guage	Level	Time	Day(s) of Classes
English	The English of Shakespeare	9:30–10:30am	Tuesday & Thursday Monthly with Rupam
	Pre-Intermediate & Intermediate	10:30–11:30am	Tuesday & Thursday Monthly with Rupam
	Creative Writing	9:30–10:30am	Monday & Wednesday Monthly with Rupam
	Learn English through theatre	11am–12pm	Monday & Wednesday Monthly with Rupam
	Beginner with Ashwini	4:30–5:30pm	Wednesday & Friday
	Kids with Ashwini	4:30–6pm	Tuesday & Thursday
French	Beginner Adults	3–4:30pm	Wednesday & Friday with Auroasha
	Beginner Children	3–4:30pm	Wednesday & Friday with Jade
Tamil	Beginner	9:30–10:30am	Starting June—TBC with Saravanan
Hindi	Spoken Beginner	5:30–6:30pm	Wednesday & Friday with Ashwini
Italian	Beginner	TBC	Registration Open with Karuna

Communication with the Lab

Service through our BSNL phone numbers: 2623661 (Lab) and 2622467 (Tomatis).

- For language-related matters: +91 9843030355WA.
 - For Tomatis please use 0413 3509932.
- Mita, Mano, Louis & Vismai for Auroville Language Lab*

LEARN ENGLISH AND HINDI

- Learn spoken/ written English and Hindi language for fluency and confidence!
 - For more information contact Ashwini: 8270512606.
- Ashwini, Aspiration*

Cinema

AUROFILM



Attention!

Dear film lovers, we inform you that in the upcoming months from April to June, Aurofilm will not screen its Friday movies at the MMC auditorium/ Cinema Paradiso.

We hope to **return in July** after the summer!

We **hope to raise enough financial support** to continue promoting the best values of Cinema as a service to the community!

Therefore, Aurofilm is happy to announce that it has been accepted as an AVI USA partner.

Here we are sharing the link to support us. You can consider becoming a monthly supporter!

- <https://give.aviusa.org/page/AuroFilm>
- Or, you can make your contribution through our financial collection account number **252658**.

We look forward to seeing you at our studio in Kalabhumi!
Susana and Aurofilm team

ECO FILM CLUB:

Every Friday @ Sadhana Forest

Schedule of Events

- 16:00 Free bus from Solar Kitchen to Sadhana Forest for the Tour
- 16:30 Tour of Sadhana Forest
- 18:00 Free bus from Solar Kitchen to Sadhana Forest for the Eco Film Club
- 18:30 Eco Film Club begins with "previews" of short Sadhana Forest films
- 20:00 Dinner is served
- 21:15 Free bus from Sadhana Forest back to Solar Kitchen



Before the movie, at exactly 16:30 you are welcome to join us for a full tour of Sadhana Forest and an update of our most recent work! After the film, you are welcome to join us for a free 100% vegan organic dinner! The bus service is operated by Sadhana Forest.

- For more information about the bus service please contact Sadhana Forest at 8525038274.
- Note: Families and children are welcome! Dinner for children will be served at 19:00. :)

Friday, 13 June

Lentils: A Miracle of Nutrition

2019/ 52 minutes/ Frigge Mehring

In this documentary we dive deep into the world of lentils! Lentils are undemanding plants from drier regions, yet at the same time they are extremely rich in protein and are real power packs, full of minerals and trace elements. They could hold the key to fighting famines and to boost the nutritional profile of many people in an inexpensive way.



Aviram

AUROVILLE STORIES:

1968—2068



In our global crisis of imagination, Auroville holds a pivotal role in turning the impossible into the inevitable. If not here, where? If not us, who? If not now, when?

Let's come together to create and screen inspirational narratives about why we came and/or where we might go together.

- Times and dates are to be determined, but please contact daniel@ic.org, +1 9783941711 WA to express your interest.

Submitted by Sivakumar, sivakumar@auroville.org.in



CINEMA PARADISO
Multimedia Center (MMC) Auditorium
Film Program
16—22 June

Cinema Paradiso—Multimedia Center is operating at 100% seating capacity. Seating starts about 15mins before screening and stops as the film starts. Kindly arrive in time. A reminder not to use cell phone for any reason while the program is on, and no food/ beverage to be taken inside the hall.

Indian—Monday 16 June, 8pm

Baipan Bhari Deva (Womanhood is Tough)

India, 2023, Dir. Kedar Sinde w/ Nutan Aasagaonkar, Suruchi Adarkar, Suchitra Bandekar, and others, Comedy-Drama, 137mins, Marathi w/ English subtitles, Rated: NR (PG)
 Six estranged sisters—Shashi, Jaya, Sadhana, Ketaki, Charu, and Pallavi—are unexpectedly reunited for a traditional competition. As they navigate old wounds, personal struggles, and deep-seated conflicts, they rediscover the strength of sisterhood. Through laughter, tears, and resilience, they confront their past and embrace the bonds that once held them together.

Potpourri—Tuesday 17 June, 8pm

Fried Green Tomatoes

USA, 1991, Dir. Jon Avnet w/ Kathy Bates, Jessica Tandy, Mary Stuart Masterson, and others, PeriodDrama, 130mins, English w/ English subtitles, Rated: PG-13
 Evelyn Couch, a discontented housewife, finds inspiration in Ninny Threadgoode's stories of Idgie and Ruth in 1920s Alabama. Their deep friendship, resilience, and defiance against societal norms unfold through gripping flashbacks. This classic, much-acclaimed film beautifully explores love, loss, and the enduring strength of human connection. *Worth a watch!*

Selection—Wednesday 18 June, 8pm

Mùa Hè Chieu Thang Dung (The Vertical Ray of the Sun)

Vietnam-France-Germany, 2000, Writer-Dir. Anh Hung Tran w/ Nu Yên-Khê Tran, Quynh Nhu, Khanh Le, and others, Drama, 112mins, Vietnamese w/ English subtitles, Rated: PG-13
 Set against the vibrant Vietnamese summer, three sisters, Suong, Khanh, and Lien, navigate love, secrets, and heart-break. Suong tolerates her husband Quoc's hidden life, Khanh faces temptation while expecting a child, and Lien longs for her brother Hai. A slow-paced, intimate family saga filled with quiet beauty and emotion.

Interesting—Thursday 19 June, 8pm

Chasing Childhood

USA, 2020, Dir. Margaret Munzer Loeb & Eden Wurmfeld w/ Peter Gray, Julie Lythcott-Haims, Lenore Skenazy, and others, Documentary, 78mins, English w/ English subtitles, Rated: NR (PG)
 In a world of rigid schedules and constant oversight, childhood free play is disappearing, fueling anxiety and depression. This film explores diverse communities, urging a shift away from harmful parenting patterns to empower kids. Experts and advocates fight to restore unstructured play, offering solutions for a healthier, balanced childhood. *Generously shared by ROCO Films!*

International—Saturday, 21 June, 8pm

Umami

Turkey, 2025, Dir. Emre Sahin w/ Burak Deniz, Öykü Karayel, Osman Sonant, and others, Drama, 120mins, Turkish w/ English subtitles, Rated: NR (PG)
 Sina Bora, a celebrated chef, faces the most turbulent night of his career as his luxurious restaurant teeters on the edge. With tensions flaring between his team—Melis, Renzo, and Çekdar—orders pile up, tempers explode, and secrets unravel. As chaos engulfs the kitchen, Sina must confront his past, his ambitions, and the price of perfection in this gripping drama, delivering an unforgettable cinematic flavor.

Children's Matinee—Sunday, 22 June, 4pm

Amazing Maurice



UK-Germany-Canada, 2022, Dir. Toby Genkel & Florian Westermann w/ Hugh Laurie, Emilia Clarke, David Thewlis, and others, ComputerAnimation-Adventure, 93mins, English w/ English subtitles, Rated: PG

Maurice, a street-smart cat, leads a band of talking rats and a young piper, Keith, in a clever con—staging fake rat infestations and charging towns to remove them. But when they arrive in Bad Blintz, they uncover a sinister force threatening the town. With Malicia's help, they must outwit a dark, mysterious enemy.

A Request to Parents and Guardians: The chairs' springs are old, and frequent bouncing and swinging damages them. With zero budget for repairs, we ask parents to ensure seats are used gently. Your support helps preserve our venue for everyone's enjoyment—thank you!

Classic World Cinema @ Ciné-Club

Classic world cinema features acclaimed films from diverse countries, known for their lasting artistic merit, cultural influence, and timeless storytelling that continues to inspire audiences and filmmakers worldwide.

Ciné-Club Sunday 22 June, 8pm

Citizen Kane

USA, 1941, Dir. Orson Welles w/ Joseph Cotton, Dorothy Comingore, and Others, Drama-Mystery, 119 mins, English-Italian w/ English subtitles, Rated: PG

Reporters seek to uncover the meaning behind Charles Foster Kane's final word, "Rosebud." The film begins with a newsreel summarizing his life, then unfolds through flashbacks, revealing his meteoric rise, personal struggles, and ultimate downfall. As the reporters dig deeper, viewers witness the story of a fascinating man's rise to fame, and how he ultimately fell from the top of the world.

Rating codes we often use are from Motion Picture Association of America (MPAA): G=General Audiences, PG=Parental guidance suggested, PG-13=Parents strongly cautioned, R=Restricted (equivalent to Indian rating: A i.e., for Adults), NR=Film Not rated, Rating awaited.

To organize a seminar/program at MMC kindly email us at mmcauditorium@auroville.org.in. We are facing challenges in maintaining and replacing equipment, as well as providing essential support for visiting filmmakers who share their work in person. We kindly request you to set up a recurring contribution for "MMC-CP" or "Filmmaker-guest Expense" via Unity Fund or make a one-time donation there. Your support is crucial in sustaining this effort, thank you for being part of it!

Nina for MMC/CP Group Account# 105106,
mmcauditorium@auroville.org.in

About N&N

NEWS AND NOTES



Guidelines

The content of News & Notes is a reflection of the growth process of this community towards its ideals of Harmony, Goodwill, and Truth.

The views expressed on these pages are those of their respective authors or work groups and do not represent the position of the editors or of the community as a whole.

The News & Notes serves as a channel for the publication of material coming from trusted sources within Auroville. The editors cannot be held accountable for any alleged misinformation given or offense caused. In case of any dispute, the Auroville Working Committee may be consulted and publishing of disputed material suspended.

The aim of New and Notes is to support any idea, that can shift Auroville as a community towards solutions:

- *If you see the problem and can share creative and constructive ways of sorting it out, we will print your article.*
- *If you are unsatisfied how the things are going on and simply want to express your frustration, we will not.*

Visiting hours:

- **Monday & Tuesday, 10am—12pm**
in N&N office in Multi Media Center

Hard deadline for submissions:

- **Tuesday 3pm**

Poster to publish:

- **Width 9.5cm x Height 4cm**

Katiya & Alexey,
NewsAndNotes@auroville.org.in

Emergency Services

Ambulance (24/7): Auroville—9442224680

- **PIMS**—0413 2656271

Security (24/7):

- **Auroville Security & Emergency Services (ASES)**—9443090107
- **Auroville Police Station**—0413 2677318
- **Kottakuppam Police Station**—0413 2236148
- **Vanur Fire Station**—0413 2677368

Health:

- **Health Center**—0413 3509942 & 3509943
- **Santé**—0413 2622803
- **Farewell**—8903836246

Mental health 24/ 7 support:

- **Vandrevala Foundation** +91 9999666555

India Emergency Response Service (24/ 7): 108

Accessible Auroville Public Bus

avbus@auroville.org.in



Auroville TO PONDICHERRY

Monday to Saturday	Trip 1	Trip 2	Trip 3
Svaram Musical Center	7:00	8:50	14:50
Vérité Guest house—Junction	7:02	8:52	14:52
Town Hall—Main Parking	7:06	8:56	14:56
Solar Kitchen—Roundabout	7:10	9:00	15:00
Certitude Entrance	7:12	9:02	15:02
New Creation Road	7:17	9:07	15:07
SBI Bank—Kuilapalayam	7:19	9:09	15:09
ECR Junction—Aroma Guest House	7:23	9:14	15:14
Quiet Healing Center—Junction	7:26	9:17	15:17
Lotus Hotel—S.V Patel Salai	7:36	9:30	15:30
Ashram Road Junction	7:38	9:33	15:33
Ashram Dining Hall	7:40	9:35	15:35



Pondicherry TO AUROVILLE

Monday to Saturday	Trip 1	Trip 2	Trip 3
Ashram Dining Hall	8:00	12:15	18:10
Ashram Road Junction	8:02	12:17	18:12
Lotus Hotel—S.V Patel Salai	8:07	12:22	18:17
Quiet Healing Center—Junction	8:17	12:32	18:27
ECR Junction—Aroma Guest House	8:20	12:35	18:30
SBI Bank—Kuilapalayam	8:25	12:40	18:35
New Creation Road	8:27	12:42	18:37
Certitude	8:32	12:47	18:42
Solar Kitchen—Roundabout	8:34	12:50	18:44
Town hall—Main Parking	8:38	12:54	18:48
Vérité Guest House—Junction	8:42	12:58	18:52
Svaram Musical Center	8:45	13:00	18:55

Raju for AV Bus Service